

Groovy Lovers (P)

COPPER KNOB
BY STEPHEN

拍數: 32

牆數: 0

級數: Improver / Intermediate Partner /
Circle



編舞者: Don Carleton (USA) & Chrissy Shine - February 2019

音樂: If Jesus Loves Me - Saint Lanvain & Rahmsed

Intro: 16 counts from heavy beat

Position: Open promenade, lady's left hand in man's right

Opposite footwork unless noted

WALK, WALK, SHUFFLE ½ TURN, BACK, ¼ TURN, STEP TO SIDE, CROSSING SHUFFLE

1,2,3&4 Step forward on left, step forward on right, shuffle ½ turn to right left, right, left

5,6,7&8 Step back on right, turn ¼ turn left stepping left to side, crossing shuffle (facing partner)

SIDE BEHIND, CROSS AND HEEL, CROSS, SIDE, CROSS, SIDE, DRAG

1,2 Step left to side, step right behind

&3&4 Step left to side (&), touch right heel to right diagonal (3), Step right beside left (&), cross left over right (bending left knee) (4)

5-8 Step right to side, cross left over right (bending knee), step right to right side, touch left next to right

BACK ROCK, RECOVER, SHUFFLE (PINWHEEL) ½ TURN CLOCKWISE, BACK ROCK, RECOVER, SHUFFLE ¼ TURN

1,2,3&4 Rock back on left, recover to right shuffle ½ turn clockwise

5,6,7&8 Man: Rock back on right, recover to left, shuffle forward ¼ turn right (raise right hand, drop left as lady passes under, changing sides)

Lady: Rock back on left, recover to right, shuffle ¼ turn left (changing sides)

¼ TURN STEPPING SIDE, BEHIND, SIDE, BEHIND, ¼ TURN TO LOD SHUFFLE FORWARD X 2

1,2,3,4 Turn ¼ turn to face partner stepping to side, cross behind bending knee, step to side, cross behind bending knee

5&6 Turn ¼ turn to LOD shuffling forward on outside feet

7&8 Shuffle forward on inside feet

Smile and Begin Again