Nothing Breaks A Heart



拍數: 48 牆數: 2 級數: Intermediate

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音樂: Miley Cyrus & Mark Ronson - Nothing Breaks Like a Heart



S1. Back x2, Monterey 1/2 turn, sailor 1/4, kick ball cross

1-2 RF step back, LF step back 3&4 RF Monterey 1/2 turn to the R 5&6 LF sailor step 1/4 to the L

7&8 RF kick ball cross

S2. Side rock, recover, behind, 1/4, step fwd, rock fwd, recover, full turn tripple step

1-2 RF side rock, recover

3&4 RF cross behind LF, LF step with 1/4 turn to the L, RF step fwd

5-6 LF rock fwd, recover

7&8 Tripple step (L-R-L) with a full turn to the L

S3. Step fwd x2, anchor step, cross, back, shuffle fwd 1/2

1-2 RF step fwd, LF step fwd

3&4 RF anchor step

5-6 LF cross in front of RF, RF step back 7&8 LF shuffle fwd with 1/2 turn to the L

S4. Vaudeville, jazz box cross 1/4

1&2& RF cross in front of LF, LF step to the side, RF heel fwd in diagonal, together LF cross in front of RF, RF step to the side, LF heel fwd in diagonal, together

5-6 RF cross in front of LF, LF step back with 1/4 turn to the R

7-8 RF step to the side, LF cross in front of RF

S5. Bump, recover, behind, side, cross, side, 1/4, shuffle fwd, together

1&2 RF bump, recover

3&4 LF cross behind RF, RF step to the side, LF cross in front of RF

5-6 RF step to the side, pivot 1/4 turn to the L

7&8& RF shuffle fwd & LF next to RF

S6. Rock fwd, recover, coaster step, rumba box, slide, together

1-2 RF rock fwd, recover 3&4 RF coaster step

5&6 LF Step to the side, RF next to LF, LF step back

7-8 RF slide to the LF in 2 counts

Tag 1: At the end of the wall 1 & 5

Back rock, recover, shuffle 1/2, back rock, recover, shuffle 1/2

1-2 RF back rock, recover

3&4 RF shuffle back with 1/2 turn to the L

5-6 LF back rock, recover

7&8 LF shuffle back with 1/2 turn to the R

Tag 2: At the end of the wall 2

Back rock, recover, shuffle 1/2, back rock, recover, shuffle 1/2

1-2 RF back rock, recover

3&4 RF shuffle back with 1/2 turn to the L

5-6 LF back rock, recover
7&8 LF shuffle back with 1/2 turn to the R

Back rock, recover, step, pivot 1/2, step, pivot 1/2, rock fwd, recover

1-2 RF back rock, recover

3-4 RF step fwd, pivot 1/2 turn to the L 5-6 RF step fwd, pivot 1/2 turn to the L

7-8 RF rock fwd, recover