

# Change My Ways Beginner

拍數: 48      牆數: 4      級數: Beginner  
編舞者: Fran Lineweaver (USA) - February 2019  
音樂: Change My Ways - Mike Zito



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## S1: CROSS ROCKS, SIDE SHUFFLES, ¼ LEFT TURN

1-2, 3&4      Cross rock right over left, recover left, right side, left together, right side  
5-6, 7&8      Cross rock left over right, recover right, left side, right together, ¼ left

## S2: MODIFIED OPEN RUMBA

1-2, 3&4      Right side, left together, right forward, left together, right forward  
5-6, 7&8      Left side, right together, left forward, right together, left forward

## S3: ROCK RECOVER, ½ TURN RIGHT SHUFFLE, JAZZ WITH A TOUCH

1-2, 3&4      Forward right rock, recover left, ½ right shuffle (RLR)  
5-8      Cross left over right, back on right, left to side, touch right next to left

## S4: SIDE ROCKS, CROSSING SHUFFLES

1-2, 3&4      Rock right to side, recover left, cross right over left, left to side, right over left  
5-6, 7&8      Rock left to side, recover right, cross left over right, right to side, left over right

## S5: TWO 1/4 TURNS (HINGE) LEFT, SHUFFLE FORWARD, ROCK RECOVER, COASTER

1-2, 3&4      ¼ right back, ¼ left to side, right forward, left together, right forward  
5-6, 7&8      Forward left rock, recover right, left back, right together, left forward

## S6: SIDE TOUCHES, SHUFFLES FORWARD

1-4      Right side, touch left next to right, left side, touch right next to left  
5&6,7&8      Right forward, left together, right forward, left forward, right together, left forward

Last Update - 3 March 2019

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