

# Green Light Go (Get Dat)

COPPERKNOB  
STEP SHEETS

拍數: 32      牆數: 4      級數: Improver - Straight rhythm  
編舞者: Lisa McCammon (USA) - February 2019  
音樂: Get Dat - Rayelle : (Single)



#32 count intro - Clockwise rotation; start weight on L

**NO TAGS OR RESTARTS**

## HEEL GRIND, COASTER STEP, HEEL GRIND LEFT ¼, COASTER STEP

1-2            Cross R heel over L, step back L whilst fanning R toes to right  
3&4           Step back R, close L, step forward R  
5-6           Cross L heel over R, turn left ¼ [9] stepping back R whilst fanning L toes to left  
7&8           Step back L, close R, step forward L

(Option omitting heel grinds: touch R heel forward twice for 1-2; cross step L for count 5 and don't fan toes when turning.)

## PLACE, HOLD-BALL-PLACE, HOLD-BALL-STEP, TURN LEFT ¼, CROSS-&-CROSS

1-2            Place R foot slightly forward (no weight), HOLD  
&            Step R home  
3-4            Place L foot slightly forward (no weight), HOLD  
&5-6          Step L home, step forward R, turn left ¼ [6]  
7&8           Cross R, step L to side, cross R

## SIDE, TOUCH, SIDE, HOLD-BALL-ROCK, RECOVER, BEHIND-TURN-STEP

1-2            Step L to side, touch R home  
3-4            Step R to side, HOLD  
&5-6          Close L, rock R to side, recover L  
7&8           Step R behind, turn left ¼ [3] stepping forward L, step forward R

## ROCK, RECOVER, BACK-TOUCH-&-BUMP, BACK-TOUCH-&-BUMP, L COASTER STEP

1-2            Rock forward L, recover R  
&3&4          Step back L, touch R home, bump R hip up-down (weight L)  
&5&6          Step back R, touch L home, bump L hip up-down (weight R)  
7&8           Step back L, close R, step forward L

(Easier option 3-6: back L, touch R, back R, touch L)

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