

Lost For Words

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Lesley Kidd (UK) & Hayley Goy (UK) - February 2019
音樂: Speechless - Dan + Shay



Introduction: 16 Counts

Section 1: Step, half turn, step, full turn, nightclub R, side, behind, side

1 2& Step forward R, step forward L, pivot ½ turn R
3 4& Step forward L, turn full turn L stepping R, L
5 6& Step R to side, rock back L, recover onto R
7 8& Step L to side, step R behind L, step L to side

Section 2: Cross & sweep, cross, coaster, twist ½, twist ½, cross, side, ¼ turn

1 2 Cross R over L sweeping L forward, cross L over R
3&4 Step back R, step L beside R, step forward R
5 6 Keeping both feet in place twist ½ left, twist back ½ R sweeping L forward
7&8 Cross L over R, step back R, step ¼ L (3:00)

Section 3: Full turn R, sway L, sway R, full turn L, rock, recover, ½ hitch

1&2 Step ¼ R, turn ½ R stepping back on L, step ¼ R
3 4 Sway L, Sway R
5&6 Step ¼ L, turn ½ L stepping back on R, step ¼ L
7&8 Rock back R, recover onto L, step onto R turning ½ L, hitching L (9:00)

Section 4: Rock back, recover, ball step, ¼ walk around, ½ hinge turn, walk X2

1 2 Rock back L, recover onto R
&3 Close L to R, step forward R
4&5 Walk L,R,L making ¼ turn R (12:00)
6&7 Turn ¼ L stepping back R, turn ¼ L stepping forward L, step forward R
8 Step forward L (6:00)

Tag (8 counts, danced once at the end of wall 2)

Section 1: Nightclub, ¼ sweep back, step sweep back X2, behind ¼ step

1 2& Step R to side, rock back L, recover onto R
3 4 Step back on L making ¼ turn R and sweeping R back, step back R sweeping L back
5 6& Step back L sweeping R back, step R behind L, step L ¼ turn
7 8 Walk forward R, L

Restart wall 3 (slight step change)

Dance up to count 27. On count 28 turn ¼ R to face 12:00 as you step L forward. Miss last 4 counts and start dance again.