

# You Are

拍數: 48                      牆數: 4                      級數: Intermediate  
編舞者: Chrystel DURAND (FR) - February 2019  
音樂: You Are - Aaron Goodvin



**Intro : 4 x 8 counts**

**[1-8] ROCK FORWARD, TRIPLE 1/2 TURN, STEP FORWARD, 1/2 TURN, KICK BALL STEP**

1-2                      Rock right forward, recover on left  
3&4                      1/2 turn right and chassé forward (R L R)  
5-6                      Left step forward, 1/2 turn right (weight on right)  
7&8                      Left Kick forward, left ball next to right, right step forward, - 12.00

**[9-16] ROCK FORWARD, TRIPLE 1/2 TURN, 1/4 TURN & STEP SIDE, HOLD, BEHIND SIDE CROSS**

1-2                      Rock left forward, recover on right  
3&4                      1/2 turn left and chassé forward (L R L)  
5-6                      1/4 turn left and right step on right side, hold - 3.00  
7&8                      Cross left behind right, right step on right side, cross left over right

**Restart 1**

**[17-24] SIDE ROCK, CROSS TRIPLE, 1/4 TURN, 1/4 TURN, CROSS TRIPLE**

1-2                      Rock right on right side, recover on left  
3&4                      Cross right over left, left step on left side, cross right over left  
5-6                      1/4 turn right and left step back, 1/4 turn right and right step on right side - 9.00  
7&8                      Cross left over right, right step on right side, cross left over right

**[25-32] STEP SIDE, 1/4 TURN AND SCUFF, TRIPLE FORWARD, ROCKING CHAIR**

1-2                      Right step on right side, 1/4 turn left and left scuff forward - 6.00  
3&4                      Chassé forward (L R L)  
5-8                      Rock right forward, recover on left, rock right back, recover on left

**Restart 2 & 3**

**[33-40] ROCK STEP, COASTER STEP, HEEL & TOE SWITCHES, HEEL, HOOK, HEEL, TOGETHER**

1-2                      Rock right forward, recover on left  
3&4                      Right step back, left next to right, right step forward  
5&6&&                      Left heel forward, left next to right, right toe back, right next to left  
7&8&&                      Left heel forward, left hook cross over right, left heel forward, left next to right

**[41-48] ROCK FORWARD, TRIPLE BACK, TOUCH BACK, 1/2 TURN, STEP FORWARD, 1/2 TURN**

1-2                      Rock right forward, recover on left  
3&4                      Chassé backward (R L R)  
5-6                      Touch left toe back, pivot 1/2 turn left (weight on left)  
7-8                      Right step forward, 1/2 turn left (weight on left) - 6.00

**RESTART :**

restart 1: on wall 3, after 16 counts (behind side cross) face at 3.00

restart 2: on wall 4, after 32 counts (rocking chair) face at 9.00

restart 3: on wall 6, after 32 counts (rocking chair) face at 9.00

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