

# Selow

拍數: 32      牆數: 1      級數: Phrased Beginner  
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音樂: Selow - Via Vallen



Sequence: AAA-BBB-AAA-BBBB(Restart after 8 count)-A-BBBB

## Part A: 16 counts

### AS-1. Side-together-side-close, side-together-side-close

1 2 3 4      step R, side R - L together - side R - L close  
5 6 7 8      step L, side L - R together - side L - R close

### AS-2. Diagonal (forward) side-close, diagonal (backward) side-close

1 2 3 4      step R, diagonal L (forward) side R - L close beside R - diagonal R (forward) side L - R close  
                  beside L  
5 6 7 8      step R, diagonal R (backward) side R - L close beside R diagonal L (backward) side L - R  
                  close beside L

## Part B

### BS-1. Chasse-chasse, diagonal chasse-diagonal chasse

1 & 2      step R, R side - L together - side R  
3 & 4      step L, L side - R together - side L  
5 & 6      step diagonal R, R side - L together - side R  
7 & 8      step diagonal L, L side - R together - side L

### BS-2. Diagonal backward side-close-side-close-side-close-side, side-recover-close-side-recover-close

1 & 2 &      step diagonal R, R side - L close - step diagonal L, side L - R close  
3 & 4      step diagonal R, R side - L close - step diagonal L side L  
5 & 6      step R, R side - recover L together - close R  
7 & 8      step L, L side - recover R together - close L

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