

Keep On Foolin' Me

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Low Intermediate
編舞者: Thomas Haynes (USA) - January 2019
音樂: If This Ain't Love Keep On Foolin' Me - Joe Pope & The Tams



Alt.: Groovy Little Summer Song by James Otto

Start dancing on lyrics (2 wall / 4 wall dance)

STEP CROSS, TURN, TURN, STEP CROSS

1-2 Step right side, cross left behind
3-4 Step out on right turn $\frac{1}{4}$ right, step left forward
5-6 Turn $\frac{1}{2}$ right; step left forward turn $\frac{1}{4}$ right
7-8 Cross right behind, step out on left turn $\frac{1}{4}$ left

LOCK STEPS FORWARD WITH SHUFFLES

1-2 Step right forward, cross left behind
3&4 Chassé forward right-left-right
5-6 Step left forward, cross right behind
7&8 Chassé forward left-right-left

Easier option just steps forward and slides together on counts 1-2 and 5-6

ROCK STEPS, $\frac{1}{4}$ PIVOT TURN CROSS

1-2 Rock right forward, step left in place
3-4 Rock right back, step left in place
5-6 Step right forward, turn $\frac{1}{4}$ left (weight to left)
7-8 Cross right over, side step left keeping feet close together, and rolling hip to left

HIPS ROLLS, SAILOR SHUFFLES

1-2 Hip right, hip left
3-4 Hip right, hip left

Steps 1-4 you can do hips bump or sways or just let the music move you

5-6 Right sailor step
7&8 Cross left behind, step right side, cross left over

Easier option on counts 5-8 is just shuffle in place right-left-right and left-right-left

REPEAT

RESTARTS:-

If using James Otto song:

Restart on wall 3 after count 16

Restart on wall 7 after count 20

Dance will switch walls after first Restart then return to original walls after 2nd Restart