

# A Happy Life!

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Keriann Marshall (USA) & Jeanne Chamas (USA) - January 2019  
音樂: A Long and Happy Life - Delta Rae



Intro: Begin on lyrics

## SKATE R-L, SHUFFLE FWD, SKATE LR SHUFFLE ¼ TURN

1-2            Skate R, Skate L  
3&4            Shuffle at diagonal to right (R L R)  
5-6            Skate L, Skate R  
7&8            Shuffle ¼ turn to left (L R L) (9:00)

## FWD ROCK RECOVER R COASTER STEP ½ PIVOT SHUFFLE FWD

1-2            Rock fwd on R, Recover back on L  
3&4            Step R back, step L next to R, step R forward  
5-6            Step forward L ½ pivot (3:00)  
7&8            Shuffle forward left (L R L)

## SIDE ROCK L RECOVER R, BEHIND SIDE CROSS 2X (R & L)

1-2            Side rock R to R side, recover L  
3&4            Cross R behind L, step L to L side, cross R over L  
5-6            Side rock L to L side, recover R  
7&8            Cross L behind R, step R to R side, cross L over R

## KICK BALL CHANGE 2x, ½ PIVOT STOMP STOMP

1&2            Kick R forward, Step R next to L, Step L next to R  
3&4            Kick R forward, Step R next to L, Step L next to R  
5-6            Step forward R ½ pivot (3:00)  
7-8            Stomp R, Stomp L

**REPEAT**

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