

# Let Me Down Slowly

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Stina-Eliza Sild - January 2019  
音樂: Let Me Down Slowly - Alec Benjamin



Intro : 06 seconds, starts with word This night...

**Body roll to R , R point, weave and cross, unwind, R sweep, cross, step R to right, step L behind R, 1/4 step to**

1&      press R to right diagonal while doing body roll(1), bring weight to L(&  
2      point R to right diagonal ( in the air)  
3&4      step R behind L(3),step L to left side(&), cross R over L and unwind doing full turn(4)  
5      step L fwd(5)  
6&7      sweep R fwd. and cross R over L(6), step L back(&), step R to right side(7)  
8&      step L behind R (12.00)(8), step R 1/4 to right (15.00)(&)

**L step , R step, L rock , step together, step back R,L(5-6), run backwards R,L(7&), R step fwd**

1      step L fwd (15.00)  
2      step R fwd  
3&4      rock fwd on L, turn your head to the left side(weight on L)(3), bring weight on R(&), step L next to R(4)  
5      step R back  
6      step L back  
7&      run back R, L  
8&      step R fwd(8), weight back to L(&)

**L sweep, L over R, step R back, L next to R, R sweep, R behind L, L to left, step R fwd, L rock, step together, 1/2 turn**

1      step R fwd and L sweep fwd  
2&      step L over R(2), step R back(12.00)(&  
3      bring L next to R while doing R sweep(from front ot back)facing 12.00  
4&5      step R behind L(4), step L to left side(&), step R fwd(5)  
6&      L rock fwd(6), weight back to R(&  
7      step L next to R  
8      1/2 turn with legs together(on toes)(over L shoulder)

**R back, L fwd, R fwd, hold, cross L over R, hold, unwind full turn**

1      step R back (weight on R) and turn your head to the sky  
2      step L fwd  
3      step R fwd.  
4      hold  
5      cross L over R  
6      hold  
7,8      unwind full turn(over R shoulder)(on 8 weight on L)