

Body Talks

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Darren Bailey (UK) - January 2019
音樂: Body Talks (feat. Kesha) - The Struts



Intro: 16 Counts

Step, ¼ L, Cross, Rock L, Recover, Cross, Step R, Behind, ¼ R, Full turn R, Back, Back

- 1&2 Step forward on RF, Make a ¼ turn L, Cross RF over LF (9:00)
3&4& Rock LF to L side, Recover onto RF, Cross LF over RF, Step RF to R side,
5-6 Cross LF Slightly behind RF, Make a ¼ turn R stepping forward on RF (12:00)
7&8& Step forward on LF, Make a ½ turn R Make a ½ turn R and step back on RF, Step back on RF (12:00)

Big step back, Back, Coaster Step, Out R, Out L, Rock and Side

- 1-2 Take a big step back on LF (little heel drag with the RF), Step back on RF
(Restart here during wall 7, Restart: Instead of stepping back on the RF just hold the drag for an extra count and start again stepping forward on the RF)
3&4 Step back on LF, Close RF next to LF, Step LF forward
5-6 Step out to R diagonal with RF (pushing hip slightly to R), Step out to L diagonal with LF (pushing hip slightly to L)
7&8 Rock Forward on RF, Recover onto LF, Step RF to R side
(Restart here during wall 2, Restart: change counts 7&8 to 7&8& Rocking chair with RF ready to start the dance again)

¼ R, Step ½ R, ¼ turn R into Rock and Cross, Hitch, Out, Out, Toes, Heels, Toes

- 1-2 Make a ¼ turn R (3:00) and Step fwd on LF (bending at knees slightly), Make a ½ turn R (9:00)
3&4 Make a ¼ turn R and Rock LF to L side, Recover onto RF, Cross LF over RF (12:00)
5&6 Hitch R knee, Step to R with RF, Step to L with LF
7&8 Twist both toes in, Twist both heels In, Twist both toes in (Straight)

Point, Cross, Point, Cross, Jazz Box with ¼ R, Jump R, Jump L, Rocking chair R

- 1&2& Point RF to R side, Cross RF over LF, Point LF to L side, Cross LF over RF
3&4& Make a ¼ turn R and Cross RF over LF, Step back on LF, Step RF to R side, Cross LF over RF (3:00)
5-6 Jump both feet to R, Jump both feet to L
7&8& Rock forward on RF, Recover onto LF, Rock back on RF, Recover onto LF