

All Out of Love

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Easy Intermediate
編舞者: Sandy Carty Hodges (USA) - December 2007
音樂: All Out of Love - Jenna Drey



Intro: 16 cts. No Tags/ No Restarts

SET 1...KICK BALL RIGHT, MAMBO RIGHT, KICK BALL LEFT, MAMBO LEFT

1 & 2,3& 4: Right kick ball cross, right mambo.
5& 6, 7&8: Left kick ball cross, mambo left.

SET 2...TRIPLE RIGHT, TRIPLE LEFT, ROCK, ½ TURN RIGHT, TRIPLE RIGHT.

1&2,3&4: triple forward right, left,right, triple left,right,left.
5,6,7&8: Rock forward on our right foot, step back on your left foot while doing a 1/2 turn right, triple RLR

SET 3...VINE LEFT, VINE RIGHT.

1-4: step to left on left foot, step right behind left, step left to left ,touch right toe next to left foot.
5-8: step to right on right foot, step left foot behind right foot, step right foot to right, touch left toe next to right foot

SET 4...GRIND LEFT HEEL, COASTER LEFT, GRIND RIGHT HEEL COASTER RIGHT

1,2,3&4: Step forward on left heel, with toe raise, point toe to left side, (1,2) step back on left, back, step back on right next to left, step forward on left.
5,6,7&8: Step forward on right heel, with toe raised, point toe to right side, (5,6) step back on right, step back left next to right, step forward on right.

SET 5...WALK BACK, STEP LEFT, KNEE BEND, STAND, 1/4 TURN LEFT, COASTER LEFT STEP

1,2,3,4: Walk back L, R, L, R.
5,6,7&8: Step out on left, bend knees putting hands on knees, (5)stand back up while turning ¼ left,feet together, putting weight on right foot(6) stepping back onto left foot, step back on right next to left, step left forward.

End of Dance.

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