

# Body Strut

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Barbara Mease & David Whitehead (USA) - January 2019  
音樂: Body Talks (feat. Kesha) - The Struts



**Intro: 32 Counts**

## **Toe Struts To The Left w ¼ Turn Left**

1-2      Touch R Toe across the left foot, Drop R Heel  
3-4      Touch L Toe to L Side, Drop L Heel  
5-6      Touch R Toe across the left foot, Drop R Heel  
7-8      Turn ¼ turn L and touch L Toe forward, Drop L Heel (9:00)

## **Cross, Back, Back, Hold, ½ Turn L Hold**

1-4      Cross R Foot in front of L, step L back, step R Back, hold  
4-8      Turn ¼ turn L stepping L to the side (6:00), Step R next to L, Turn ¼ turn L and step L forward, hold (3:00)

## **Make 1/2 Circle To The Left With Heel Struts**

1-4      Turning 1/8 Left touch R Heel forward, drop R toe, Turning 1/8 turn L touch R heel forward, Drop L toe  
5-8      Repeat counts 1-4 (9:00)

## **Apart, Hold, L Knee, Hold, Heel Swivels**

&, 1, 2      Step R to R side (&), Step L to L side (1), Hold (2)  
3-4      Drop R knee across L as raise R Heel, Hold  
5-8      Swivel heels R,L,R,L Weight ending on L (9:00)

**Repeat**

**Tag & Restart: On wall 12 (3:00) dance the first two sections (16 counts) You will be facing 6:00. Add this tag: Touch R across L, unwind ½ turn L, hold, clap hands, then restart the dance facing 12:00**

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