

# Ladies In The 90's

拍數: 48      牆數: 2      級數: Improver  
編舞者: Peter Jones (UK) & Anna Lockwood (UK) - January 2019  
音樂: Ladies In The '90s - Lauren Alaina



Music Available from iTunes & Amazon.  
Starts on vocals 32 counts in.

## S1: Side Rock & Cross x 2, Mambo ½, Triple full turn R,

1&2      Rock R To R Side, Recover Weight On L, Cross R Over L.  
3&4      Rock L To L Side, Recover Weight On R, Cross L Over R.  
5&6      Rock Forward On R, Recover On L, Turn ½ R Onto R.  
7&8      Turn ½ R Stepping Back On L, Turn ½ R Stepping Forward On R, Step forward On L.

## S2: Kick Ball Step, Cross, ¼ Turn R, Sailor Step, Side, Behind, Step ¼ R.

1&2      Kick R Forward, Step R Next To L, Step Forward On L.  
3-4      Cross R Over L, Turn ¼ R Stepping Back On L.  
5&6      Sweep R Behind L, Step L In Place, Step R In Place.  
7&8      Step L Behind R, Turn ¼ R Stepping Forward On R, Step Forward On L.

Restart here on wall 3 (facing 12:00)

## S3: Skates x 2, Shuffle Forward, Cross, ¼ L, Shuffle ¼ L,

1-2      Slide R To R Diagonal, Slide L To L Diagonal.  
3&4      Step Forward On R, Step L Next To R, Step R Forward.  
5-6      Cross L Over R, Turn ¼ L Stepping Back On R.  
7&8      Turn ¼ L Stepping Forward On L, Step R Next To L, Step Forward On L.

## S4: Touch ¼ Paddles L x 2, Shuffle Forward, Touch ¼ Paddles R x 2, Cross Shuffle.

1-2      Turn ¼ L Touching R To R Side, Turn ¼ L Touching R To R Side.  
3&4      Step Forward On R, Step L Next To R, Step Forward On R.  
5-6      Turn ¼ R Touching L To L Side, Turn ¼ R Touching L To L Side.  
7&8      Cross L Over R, Step R To R Side, Cross L Over R.

## S5: Side Rock, Behind, Side, Cross, Point, & Heel, & Heel, & Touch.

1-2      Rock R To R Side, Recover On L.  
3&4      Step R Behind L, Step L To L Side, Cross R Over L.  
5&6&      Point L To L Side, Step L Next To R, Touch R Heel Forward, Step R Next To L.  
7&8&      Touch L Heel Forward, Step L Next To R, , Touch R Heel Forward, Touch R Next To L.

## S6: Coaster Step, Shuffle Forward, Step Out, Out, In, In.

1&2      Step Back On R, Step L Next To R, Step Forward On R.  
3&4      Step Forward On L, Step R Next To L, Step Forward On L.  
5-6      Step R Out To R Diagonal, Step L Out To L Diagonal.  
7-8      Step R In Place, Step L In Place.