

Love Ain't Bad

拍數: 56 牆數: 4 級數: Phrased Intermediate
編舞者: Janet Cummings (USA) - January 2019
音樂: Love Ain't - Eli Young Band



PATTERN: A 24 A 24, B 32, -B 16, A 24, B 32, B 32, -A 16, B 32, Tag 8 Count, B 32 to Finish
Intro: 16 Counts - 1 Tag, 1 Restart

PART A: 24 Counts

AS1: RIGHT SIDE ROCK, CROSS, LEFT SIDE ROCK, CROSS. ROCK, RECOVER, RIGHT ½ TURN TRIPLE

1&2 Step Side Right, Recover L, Cross R over L
3&4 Step Side L, Recover R, Cross L over R
5, 6, 7&8 Rock Forward on R, Recover L, Shuffle ½ Turn Right (R, L, R) (6:00)

AS2: SWAY LEFT, SWAY RIGHT, LEFT ½ TURN SAILOR; RIGHT AND LEFT DOUBLE HIP BUMPS

1, 2, 3&4 Sway Left, Sway Right, Sailor ½ Turn Left (L, R, L)
5, 6 Step Forward on R, Bump R Hip Twice
7, 8 Step Forward on L, Bump L Hip Twice (12:00)

AS3: KICK, TURN, POINT, STEP, POINT; KICK RIGHT-HOOK-KICK-STEP, KICK LEFT-HOOK-KICK-STEP

1&2 R Kick Forward, Turn ¼ Left On Ball Of Left Foot Before Step on Right, Point Left
3, 4 Step L, Point R
5&6& All on R Foot - Kick Forward, Hook, Kick, Step
7&8& All on L Foot - Kick Forward, Hook, Kick, Step (9:00)

PART B: 32 Counts - First pattern will begin on 6:00 wall

BS1: RIGHT AND LEFT SHUFFLES FORWARD, R SAILOR STEP, L ½ TURN SAILOR

1&2, 3&4 Shuffle Forward R, L, R, then L, R, L
5&6 Step R Behind L, Left to Side, R To Side,
7&8 Step L Behind R turning ½ Left, Step R To Side, Step L To Side (12:00)

BS2: R ROCK, RECOVER, RIGHT ½ TURN TRIPLE, RIGHT ¾ TURN TRIPLE, KICK, BALL, CHANGE

1, 2, 3&4 Rock Forward on R, Recover on L, Turn Right ½ Turn Shuffling R, L, R
5&6 Shuffle ¾ Turn Right L,R,L
7&8 Kick R, Step on Ball of R, Switch/Step Weight to L (3:00)

BS3: DIAGONAL K STEP FORWARD AND BACK

1, 2, 3, 4 Step Diagonal Right, Touch L, Step Back To Center, Touch R;
5, 6, 7, 8 Step Diagonal Back R, Touch L, Step L Forward to Center, Touch R (3:00)

BS4: & HEEL & TOE & HEEL & KICK; & CROSS & HEEL & CROSS & HEEL (16 Total Steps)

From the previous K step you will quickly switch to your R toe touch to weight on R (&)

&1&2 With Weight on R Touch L Heel Forward, Step on L Touch R Toe Back
&3&4 Step on R, Touch L Heel Forward, Step on L, Kick out with R
&5&6 Step on R, Cross L with Weight, Step on R, Tap L Heel Forward
&7&8 Step on L, Cross R with weight, Step L, Tap Heel (3:00)

TAG: 8 COUNT - REPEAT SECTION 4 ON WALL 9, (Facing 12:00) Then Restart The Last Pattern With Part B

Not a really fast beat, so there is fun in the footwork...Enjoy!

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