

Me Before You

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Flo Moresteps (FR) & Magali Bérenger (FR) - January 2019
音樂: I Don't Remember Me (Before You) - Brothers Osborne



Intro : 16 cts (2/4 walls)

SCT 1 : Side, Coaster step, Cross fwd, Scissor step, ¼ back, Side, Cross

1 Step RF on right side
2 & 3 Step LF back, Step RF next to LF, Step LF fwd
4 Cross RF over LF
5 & 6 Step LF on left side, Step RF next to LF, Cross LF over RF
7 & 8 ¼ turn left (9:00) stepping RF back, Step LF on left side, Cross RF over LF

SCT 2 : & Cross, Fwd Rumba box, Step Lock Step, Press, Recover, Back, Touch

& 1 Step LF next to RF, Cross RF over LF
2 & 3 Step LF on left side, Step RF next to LF, Step LF fwd
4 & 5 Step RF fwd, Cross LF behind RF, Step RF fwd
6 7 Press LF fwd, Recover on RF
8 & Step LF back, Touch RF next to LF

SCT 3 : Fwd, Pivot ½ Turn left, Cross, Side Rock, Side Rock ¼, Full Turn ¼, Back Rock

1 - 2 Step RF fwd, Pivot ½ turn left (3:00)
3 & 4 Cross RF over LF, Rock LF on left side, Recover on RF
& 5 Rock LF on left side, 1/4 turn right while recovering RF fwd (6:00)
6 & 7 1/2 turn right stepping LF back (12:00), 1/2 turn right stepping RF fwd (6:00), 1/4 turn right stepping LF on left side (9:00) (You can finish this count with a sweep)
8 & Rock RF back, Recover on LF

RESTART WALL 6

SCT 4 : Side, Behind Side Cross, 1/4, Reverse Rocking Chair, Left Chassé, Hitch

1 Step RF on right side
2 & 3 Cross LF behind RF, Step RF on right side, Cross LF over RF
4 ¼ turn left (6:00) stepping RF back

MODIFIED RESTARTS WALLS 2 (facing 3:00) & 4 (facing 6:00) :

Replace ct 4 by : Touch RF next to LF and restart the dance without changing direction

5 & 6 & Rock LF back, Recover on RF, Rock LF fwd, Recover on RF
7 & 8 & Step LF on left side, Step RF next to LF, Step LF on left side, Hitch Right Knee

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