

# Heart of Gold

COPPER KNOB  
STEPSHEETS

拍數: 32                      牆數: 4                      級數: Improver  
編舞者: Lisa M. Johns-Grose (USA) & Gail A. Dawson (USA) - January 2019  
音樂: Good As You - Kane Brown



## Intro – 16 Counts - No Tags or Restarts

### Night Club, Night Club, Night Club Turn ¼, Full Turn (\* Option – Triple Forward)

1, 2&                      R step to R, L rock behind R, recover to R  
3, 4&                      L step to L, R rock behind L, recover to L  
5, 6&                      R step to R, L rock behind R, recover R turning ¼ to L (9 o'clock)  
7&8                      L step turning ½ to R, R step turning ½ to R, L step forward

**\*Option – L step forward, R step beside L, L step forward**

### Cross Rock, Recover, Cross Rock, Turn, Step, Sweep, Coaster Turn ¼

1, 2&                      R cross rock, recover to L, R step to R  
3, 4&                      L cross rock, recover to R, L step to L  
5, 6&                      R step cross over L turning ¼ L (6 o'clock), L sweep forward, R step to R  
7&8                      L step back turning ¼ to L (3 o'clock), R step beside L, L step forward

### Rocking Chair, Triple Forward, Step, Turn ½, Step, Turn ½

1&2&                      R rock forward, recover L, R rock back, recover L  
3&4                      R step forward, L step beside R, R step forward  
5, 6                      L step forward, pivot ½  
7, 8                      L step forward, pivot ½

**\*Option – Rocking Chair**

### Cross Rock, Side Rock, Behind, Side, Cross, Rock, Recover, Behind, Side, Cross

1&2&                      L cross rock, recover to R, L rock to L, recover to R  
3&4                      L step behind R, R step to R, L cross over R  
5, 6                      R rock to R, recover to L  
7&8&                      R step behind L, L step to L, R cross rock, recover to L

### END After Wall 7

1, 2&                      R step to R, L rock behind R, recover to R  
3, 4&                      L step to L, R rock behind L, recover to L turning ¼ R (12 o'clock)

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