

# Lost in the Middle of Nowhere

**COPPER** KNOB  
BY STEPSHEETS

拍數: 32                      牆數: 3                      級數: Improver - Country  
編舞者: Gudrun Schneider (DE) & Christina Yang (KOR) - January 2019  
音樂: Lost in the Middle of Nowhere (feat. Becky G) - Kane Brown



Start the dance after 8 counts

## SECTION 1: STEP, SIDE ROCK & CROSS, POINT, BEHIND, 1/4 TURN TO L, STEP L, STEP R

1                      Step R forward  
2&3                  Side rock L. RF recover, LF cross over RF  
4                      RF point to R side  
5&6                  RF cross behind LF, 1/4 turn to L with LF forward, RF forward(9:00)  
7&8                  LF toe, LF heal, LF forward

## SECTION 2: MAMBO, 1/2 TURN TO R, FULL TURN TO R, FORWARD, POINT, BACK, SHUFFLE 3/4 TURNING TO L

1&2                  RF forward, LF recover, 1/2 turn to R with RF forward(3:00)  
3&4                  1/2 turn to R with LF back, 1/2 turn to R with RF forward, Step LF forward  
5-6                  RF forward point, Step RF backward  
7&8                  LF shuffle while 3/4 turning to L(6:00)

## SECTION 3: SIDE ROCK, RECOVER, CROSS BEHIND, SIDE, CROSS SHUFFLE WITH SWEEP, CROSS, 1/4 TURN TO L WITH BACKWARD, SIDE ROCK, 1/4 TURN TO L WITH RECOVER, COASTER STEP

1&2&                RF side rock, LF recover, RF cross behind LF, LF side  
3&4                  RF cross over LF, RF side, RF cross over LF and LF sweep from back to front  
5&                   LF cross over RF, 1/4 turn to L with RF backward(3:00)  
6-7                  LF side rock, 1/4 turn to L with RF recover(12:00)  
8&1                  LF backward, RF closed LF, LF forward

## SECTION 4: KICK, REPLACE, SIDE TOUCH, REPLACE, SIDE TOUCH, REPLACE, SIDE TOUCH, COASTER STEP, 1/4 TURN TO L WITH PIVOT

2&                    RF forward kick, RF recover  
3&4&                LF side touch, LF replace and foot change, RF side touch, RF replace and foot change  
5-6&7               LF side touch, LF backward, RF closed LF, LF forward  
8&                   RF forward, 1/4 turn to L with LF recover(9:00)

## RESTART

On the 3rd & 6th wall, you will dance to 16 counts and start again.

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