

Mona Lisa

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Antoinette Claassens (NL) - January 2019
音樂: Mona Lisa - Shakin' Stevens



Intro: 16 Counts

Sec 1: R Swivels, L Swivels, Sailor Step, Behind-Side-Cross

1&2 RF+LF. Turn heels to R - RF+LF. Turn toes to R - RF+LF. Turn heels to R
3&4 LF+RF. Turn heels to L - LF+RF. Turn toes to L - LF+RF. Turn heels to L (weight on LV)
5&6 RF. Cross behind LF - LF. Step side - RF. Step side
7&8 LF. Cross behind RF - RF. Step side - LF. Cross over RV

Sec 2: Shuffle with 1/4 Turn R, Step fwd, 1/4 Turn R, Cross, Side, Touch, Side Touch, Shuffle with 1/4 Turn R

1&2 RF. 1/4 Turn R step fwd - LF. Step together - RF. Step fwd (3:00)
3&4 LF. Step fwd - 1/4 Turn R - LF. Cross over RF (6:00)
5&6& RF. Step side - LF. Touch toe beside RF - LF. Step side - RF. Touch toe beside LF
7&8 RF. 1/4 Turn R step fwd - LF. Step together - RF. Step fwd (9:00)

Sec 3: Mambo fwd, Sailor 1/4 Turn R, Cross, Side, Behind, 1/4 Coaster Step

1&2 LF. Rock fwd - RF. Recover - LF. Step together
3&4 RF. Cross behind LF with 1/4 turn R - LF. Step on place - RF. Step slightly fwd (12:00)
5&6 LF. Cross over RF - RF. Step side - LF. Cross behind RF
7&8 RF. 1/4 Turn L step back - LF. Step together - RF. Step fwd (9:00)

Sec 4: Step fwd, Pivot 1/2 Turn R, Step fwd, Full Turn L, Touch fwd, Hitch, Step back, Coaster Step

1&2 LF. Step fwd - Pivot 1/2 turn R - LF. Step fwd (3:00)
3&4 RF. 1/2 Turn L step back - LF. 1/2 Turn L step fwd - RF. Step fwd (3:00)
5&6 LF. Touch toe fwd - LF. Hitch knee - LF. Step back
7&8 RF. Step back - LF. Step together - RF. Step on place

Start Again
