

Let's CHA-CHA 1 More Time

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Val Saari (CAN) - January 2019
音樂: Baby One More Time - Britney Spears



SHUFFLE FWD LRL, R MAMBO, L CROSS MAMBO PIVOT 1/4 L (CHA CHA CHA)

1&2 Shuffle forward LRL
3&4 Rock RF right, Recover L, Step RF beside L
5-6 LF Cross over R, RF Recover weight
7&8 Step LF left pivot 1/4 L, Step RF beside L, Step LF together

WALK FORWARD (RL), SIDE MAMBOS (RL), STEP-PIVOT 1/2 LEFT

1-2 Walk forward, RF, LF
3&4 RF Rock side right, LF recover, Step RF beside Left
5&6 LF Rock side left, RF recover, Step LF beside Right
7-8 Step RF forward, Pivot 1/2 turn left (weight on left)

MODIFIED RUMBA BOX FWD (CHA CHA CHA)

1-2 Step RF to right side, Step LF beside RF
3&4 Step RF forward, Step LF beside R, Step RF in place
5-6 Step LF to left side, Step RF beside L
7&8 Step LF forward, Step RF beside L, Step LF in place

CROSS MAMBO, CHA CHA CHA 1/4 PIVOT R, ROCKING CHAIR

1-2 RF Cross over L, LF Recover weight
3&4 RF step 1/4 pivot Right, Step LF beside R, Step RF in place
5-6 Rock forward on LF, Recover RF
7-8 Step back on LF, Recover RF

REPEAT - No Tags, No Restarts

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