

Down In My Heart

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: David Thomas (SCO) - January 2019
音樂: Joy by King and Country



#48 count intro

(&) R Lock, Side Side, R Touch Ball Cross, Side, Sailor ¼ L

&1 Step fwd Right, lock Left behind Right
2,3 Step Right to side, step Left to side (shoulder width apart)
4&5 Touch Right beside Left, step down on ball of Right, cross step Left over Right
6 Step Right to side
7&8 Cross step Left behind Right, step Right to side, ¼ Left stepping Left fwd

(&) Rock Recover, Step Back, Side ¼ Right, Side ¼ Right, Sailor ½ Right, Cross Hold

&1,2 Step fwd Right, Rock fwd Left, Recover back on Right
3 Step back on Left
4,5 Step Right to side ¼ turn Right, step Left to side ¼ turn Right
6&7 Cross Right behind Left, ½ turn Right stepping Left to side, cross Right over Left
8 Hold

Ball Cross, Side Rock Cross, Flick, Step Back, Heel Bounce ½ Right, Heel Twist ¼ Left

&1 Step Left to side, Cross step Right over Left
2&3 Rock Left to side, recover on Right, cross step Left over Right
4,5 Flick Right foot to R diagonal, step Right foot back
6,7 Bounce both heels ¼ Right, bounce both heels ¼ Right (Right foot fwd)
8 Twist both heels Right making ¼ turn Left (Take weight on Left)

Right In Heel Toe Hitch, Point Right to side, Jazz Box ½ Right, Kick

1&2 Twist Right heel in, twist Right toe in, hitch Right leg
3 Point Right to side
4,5 Cross Right over Left, Step back on Left ¼ turn Right
6,7 Step fwd Right ¼ turn Right, step Left to side
8 Kick Right fwd

Ending – Wall 13

Replace Jazz Box ½ with a jazz box in place to finish facing front.