

# Down In My Heart

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: David Thomas (SCO) - January 2019  
音樂: Joy by King and Country



## #48 count intro

### (&) R Lock, Side Side, R Touch Ball Cross, Side, Sailor ¼ L

&1            Step fwd Right, lock Left behind Right  
2,3            Step Right to side, step Left to side (shoulder width apart)  
4&5           Touch Right beside Left, step down on ball of Right, cross step Left over Right  
6              Step Right to side  
7&8            Cross step Left behind Right, step Right to side, ¼ Left stepping Left fwd

### (&) Rock Recover, Step Back, Side ¼ Right, Side ¼ Right, Sailor ½ Right, Cross Hold

&1,2           Step fwd Right, Rock fwd Left, Recover back on Right  
3              Step back on Left  
4,5            Step Right to side ¼ turn Right, step Left to side ¼ turn Right  
6&7            Cross Right behind Left, ½ turn Right stepping Left to side, cross Right over Left  
8              Hold

### Ball Cross, Side Rock Cross, Flick, Step Back, Heel Bounce ½ Right, Heel Twist ¼ Left

&1            Step Left to side, Cross step Right over Left  
2&3            Rock Left to side, recover on Right, cross step Left over Right  
4,5            Flick Right foot to R diagonal, step Right foot back  
6,7            Bounce both heels ¼ Right, bounce both heels ¼ Right (Right foot fwd)  
8              Twist both heels Right making ¼ turn Left (Take weight on Left)

### Right In Heel Toe Hitch, Point Right to side, Jazz Box ½ Right, Kick

1&2            Twist Right heel in, twist Right toe in, hitch Right leg  
3              Point Right to side  
4,5            Cross Right over Left, Step back on Left ¼ turn Right  
6,7            Step fwd Right ¼ turn Right, step Left to side  
8              Kick Right fwd

## Ending – Wall 13

Replace Jazz Box ½ with a jazz box in place to finish facing front.