

About The Boy

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Maria Maag (DK) - January 2019
音樂: About the Boy - Little Mix : (Album: Salute, Deluxe)



Intro: 16 counts (approx 18 sec into track)

Restart: Wall 4 after 23& counts (facing 12:00), point R to R (24), then restart the dance

Wall 8 after 15& counts (facing 6:00), hold (16), then start TAG.

Ending: After wall 10, turn ½ L on L sweeping R fw....The End :-)

[1 – 8] Walk fw. R+L, kick ball R side rock L, cross ¼ L back coaster step L, ball

1-2 Walk fw. R (1), Walk fw. L (2) 12:00
3&4& Kick R fw. (3), step R next to L (&), rock L to L (4), recover R (&) 12:00
5-6 Cross L over R (5), ¼ L step back R (6) 09:00
7&8 Step back L (7), step R next to L (&), step fw. L (8) 09:00

[9 – 16] Shuffle ½ R sweep L fw, cross L, rock R recover ¼ L, step ¼ L cross shuffle R

1&2& ¼ R step fw. R (1), step L next to R (&), ⅛ R step fw. R (2), step L next to R (&) 01:30
3-4 ⅛ R step fw. R sweeping L fw. (3), cross L over R (4) 03:00
5-6 Rock R to R (5), ¼ L recover L (6) 12:00
7&8& Step fw. R (7), ¼ L step down L (&), cross R over L (8), step L to L (&) 09:00

[17 – 24] Cross up/down heels, side step sit in hip pop knee snap L fingers L, ¼ R x 2, back rock R recover L side R

1&2 Cross R over L (1), lift both heels with straighten legs (&), recover down, weight ends on R (2) 09:00
3-4 Step L to L (3), sit in L hip slightly bending L knee and pop R knee and snap L fingers L (4) 09:00
5-6 ¼ R step down R (5), ¼ R step L to L (6) 03:00
7&8 Rock back R in a 3rd position (7), recover L (&), step R to R (8) 03:00

[25 – 32] Behind side step fw.L fw R/back L/fw R hip ,½ L fw L/back R/fw L, ½ turn L

1&2 Cross L behind R (1), step R to R (&), step fw. L (2) 03:00
3&4 Place R foot fw.and push R hip fw. (3), recover back L hip (&), step fw. R (4) 03:00
5&6 ½ L place L fw and push hip fw L (5), recover back R hip (&), step fw L (6) 09:00
7-8 Step fw. R (7), ½ L step down L (8) 03:00

Tag: 64 VERY EASY counts, After 16 counts on wall 8, then begin wall 9 (the 2nd restart) (facing 12:00)

T[1 – 8] Prissy walk R drag and touch L as you snap R fingers out R, Prissy walk L drag and touch R as you snap R fingers out R

1-2 Cross walk R fw. (1), drag L next t o R (2) 06:00
3-4 Touch L next to R snap R fingers R (3), hold (4) 06:00
5-6 Cross walk L fw. (5), drag R next t o L (6) 06:00
7-8 Touch R next to L snap R fingers R (7), hold (8) 06:00

T[9 – 16] ¼ R Prissy walk R drag and touch L as you snap R fingers out R, ¼ R Prissy walk L drag and touch R as you snap R fingers out R

1-2 ¼ R Cross walk R fw. (1), drag L next t o R (2) 09:00
3-4 Touch L next to R snap R fingers R (3), hold (4) 09:00
5-6 ¼ R Cross walk L fw. (5), drag R next t o L (6) 12:00
7-8 Touch R next to L snap R fingers R (7), hold (8) 12:00

T[17 – 32] Repeat count 1 - 16 (but count 8-16 turn L instead of R, but still snap R fingers R)

T[33 – 44] Step hold , ½ turn L hold

1-2 Step R fw (1), hold (2) 06:00

3-4 ½ L stepping down L (3), hold (4) 12:00

T[44 – 60] Side step R and hold as you raise your R arm stretched with palms up

1-8 Step R to R (1), raise your R arm in front of you stretched with palms up (2-8) 12:00

T[61-64] Drag R next to L as you bend your elbow to take your arm down

1-4 Change weight to L and drag R next to L as you bend R elbow and take your arm down (1-4)
12:00

Have fun and Enjoy...:-)

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