

Go Down The Road

拍數: 32 牆數: 4 級數: Improver
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音樂: Down the Road - C2C : (Single - iTunes & other mp3 sites)



Restart in wall 5 after 8 counts.

Introduction: 32 counts, start approx 18 sec.

Part 1. [1-8] Kick R, L Side, Swivet Step, Back Step L, Touch R Together, Heel Jack L, Touch R Together.

1&2 Kick Rf fwd (1), Step Rf back in place (&), Step Lf to L (2).
3&4 Step Rf slightly to R and swivet Lf toe to left and Rf heel to right and take weight onto Rf (3&4).
5,6 Step Lf back (5), Touch Rf beside Lf (6).
7&8 Step Rf diagonal back (&), Touch L heel diagonal to L (7), Step Lf back in place (&), Touch Rf beside Lf (8).

(NB: Restart Here in Wall 5 after 8 counts, after start again 12 o'clock).

Part 2. [9-16] Side, Hold, & Cross, Step L with ¼ Turn L, Step R with Knee Pops R, L, Step L with Knee Pops L, R.

1,2 Step Rf to R (1), Hold (2).
&3,4 Step Lf beside Rf (&), Step Rf across Lf (3), Make ¼ turn L (9.00) step Lf fwd (4).
5&6 Step Rf Fwd (5), Pop both knees Fwd (&), Step both feet back in place take weight onto Rf (6).
7&8 Step Lf Fwd (7), Pop both knees Fwd (&), Step both feet back in place take weight onto Lf (8).

Part 3. [17-24] Fwd Rock L, Syncopated Hip Bumps R, L, R, Syncopated Pops R, L, R, Side Rock R with ¼ Turn L. .

1,2 Rock Rf Fwd (1), Recover back onto LF (2).
3&4 Step Rf to R and bump R hip to R (3), Bump L hip to L (&), Bump R hip to R (4).
5&6 Step Lf back in place and pop R knee fwd (5), Step Rf back in place and pop L knee fwd (&), Step Lf back in place and pop R knee Fwd (6).
7&8 Rock Rf to R (7), Make ¼ turn L (6.00) recover back onto Lf (8).

Part 4. [25-32] Big Step R Fwd, Together with Knee R, Kick & Side, Sugar Foot L, Sugar Foot R with ¼ Turn R, Heel Swivel R with Small Foot Rise R.

1,2 Step Rf big Fwd (1), Step Lf beside Rf and pop R knee Fwd (2).
3&4 Kick Rf fwd (3), Step Rf back in place (&), Step Lf to L (4).
5,6 Step Rf diagonal back and turn L toe to L (5), Step Lf diagonal back and turn R toe to R with ¼ turn R (9.00) (6).
7&8 Swivel R heel to R on ball (7), Swivel heel back to centre (&), Small Rise Rf up (8).

REPEAT DANCE AND HAVE FUN!!

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