

My Boogie Shoes

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Low Intermediate
編舞者: Doug Miranda (USA) & Jackie Miranda (USA) - 2009
音樂: Boogie Shoes - KC and the Sunshine Band



Begin after 16 counts

Set 1: Kick Forward, Kick Side, Coaster step; Kick Forward, Kick Side, ½ Turn Sailor Step

1-2 Kick R forward, kick R to R side
3&4 Right Coaster step: Step back on R, step L next to R, step forward on R
5-6 Kick L forward, kick L to L side
7&8 ½ turn L sailor step: Swing L back into ½ turn L stepping down on L, step R to R side, step L to L side

Set 2: Touch Out, Touch In, Step To Right, Slide; Repeat On Left Side

1-4 Touch R toe out to R side, touch R next to L, step R to R side taking weight on to R, slide L next to R as you touch L next to R (weight still on R)
5-8 Touch L toe out to L side, touch L next to R, step L to L side taking weight on to L, slide R next to L as you touch R next to L (weight remains on L)

Set 3: ¼ Turn Jazz Box, ¼ Turn Jazz Box

1-4 ¼ turn R jazz box: Cross R over L, step back on L, turn ¼ R stepping R to R side, step L next to R
5-8 Repeat steps 1-4 above

Set 4: Touch Out Touch In, Step Right, Slide; Touch Out Touch In, ¼ Turn Left Step Forward, Touch

1-4 Touch R toe out to R side, touch R next to L, step R to R side taking weight onto R, slide L next to R as you touch L next to R (weight still on R)
5-8 Touch L toe out to L side, touch L next to R, turn ¼ L as you step forward on L, touch R next to L (weight remains on L)

Set 5: Tap Heel Forward 2X, Tap Toe Back 2X, Step Forward, Twist

1-4 Tap R heel forward 2X, tap R toe back 2X
5-6 Step R forward on count 5 putting weight on both feet (feet apart), twist heels to R for count 6
7&8 Twist heels to L, twist heels to R, twist heels to L (weight ending on L)

Set 6: Side, Rock, Recover, Behind, Step ¼ Turn Left Forward; Rock Forward, Recover, Coaster Step

1-2 Rock R to R side, recover on L
3&4 Step R behind L, step L forward into ¼ turn L, step R slightly forward
5-6 Rock forward on L, recover on R
7&8 Coaster step: Step back on L, step R next to L, step forward on L

Set 7 Repeat Set 5

Set 8 Repeat Set 6

START AGAIN!

Ending: To end to the front wall; you will be dancing the heel, heel, toe toe twist sequence. You will continue with the rock recover ¼ turn left then rock forward on your left recover back on your right, turn ¼ left to face the front wall as you side shuffle to left side, left right left.

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