Giddy On Up

拍數: 48

級數: Improver

編舞者: Judi Bisher-Schuler (USA) - January 2019

音樂: High Horse - Kacey Musgraves

(Original choreography to Laura Bell Bundy "Giddy On Up" (radio and remix).

#16 Count Intro: Start On Vocals.

Sailor Shuffles

- 1&2 Right Sailor.
- 3&4 Left Sailor.
- 5&6 Right Sailor.
- 7&8 Left Sailor.

2 Count vine, side shuffle (Chasse), scuff, hitch, cross, coaster step.

- 1-2 Vine Right stepping right, cross left behind.
- 3&4 Chasse right stepping side right-left-right.
- 5&6 Brush left foot forward, hitch left and cross left over right, step down on left taking weight.
- Right coaster stepping back on right, left back to right, then right foot forward. 7&8

2 Count Vine, side shuffle (Chasse), scuff, hitch, cross, coaster step.

- 1-2 Vine left, stepping left, cross right behind.
- 3&4 Chasse left stepping side left-right-left.
- 5&6 Brush right foot forward, hitch right and cross right over left, step down on right taking weight.
- 7&8 Left coaster stepping back on left, right back to left, then left foot forward.

Heel switches, walk forward, shuffle, pivot 1/2 turn

- 1&2& Touch right heel forward and bring home, then left heel forward and bring home.
- 3-4 Walk forward stepping right then left.
- 5&6 Shuffle forward right stepping forward right, left, right.
- 7-8 Step forward on left, turn half turn to right taking weight on right.

Heel switches, walk forward, shuffle, pivot 1/2 turn.

- 1&2& Touch left heel forward and bring home, then right heel forward and bring home.
- 3-4 Walk forward stepping forward left then right.
- 5&6 Shuffle forward left stepping left, right, left.
- 7-8 Step forward on right, turn half turn to left taking weight on left.

Side sways, quarter turn left, stomp right and left. (Alternate Option, right and left side mambo or rock steps).

- 1,2,3,4 Sway to right, left, right, left.
- 5.6 Step right, 1/4 turn to left, take weight on left.
- 7,8 Stomp right foot then left.





牆數: 4