

You're In It

拍數: 32 牆數: 4 級數:
編舞者: Lieren King (USA) - January 2019
音樂: You're In It - Granger Smith



Restart after 3rd count of 8 wall 3, 1 Tag on Wall 7

Dance starts after first 4 counts of 8 when lyrics start

[1-8] Step kick Coaster step, Side Triple, ¼ turn Coaster Step

- 1, 2, 3 & 4- RF step at right angle, Kick LF at right angle, LF coaster step back to facing current wall (LF step back, RF step together, LF step forward).
5 & 6, 7 & 8- Triple step on RF to R front corner, ¼ turn L with Coaster Step (LF step back, RF step together, LF step forward).

[9-16] Half Pivot turn with hook, Triple Step, Rock recover switch Rock recover

- 1, 2, 3 & 4- RF forward half pivot over L shoulder, hook left foot, LF Triple step forward with (LF, RF, LF)
5, 6, & 7, 8- Rock forward on RF, Recover back on LF, Step RF next to LF, Rock back on LF, Recover front on RF.

[17-24] Kick ball change, Slide together 2 Claps, Kick cross slide, hold, step cross

- 1 & 2, 3 & 4- Kick LF front, Ball change (Step LF back, Step RF front), Slide LF together with RF, 2 Claps on counts & 4.
5 & 6, 7 & 8- Kick RF front, Cross Step RF over LF, Step back on LF, Hold count 7, Step RF, Cross step LF in front of RF

Restart on wall 3

[25-32] 2 Step Crosses, Half turn Unwind, 2 Walks, Triple step

- & 1, & 2, 3, 4- Step RF to R side, Cross step LF in front of RF, Step RF to R side, Cross step LF in front of RF, Unwind half turn over R shoulder on counts 3, 4. (**You can switch which foot crosses in front on counts & 1, & 2 or keep the same LF in front of RF)
5, 6, 7 & 8- Walk forward LF, Walk forward RF, Triple step forward on LF (LF, RF, LF)

Restart: After the 3rd count of 8 on wall 3

Tag End of Wall 7

Tag End of Wall 7: Repeat first 4 counts of 8 twice then restarts.

- 1, 2, 3 & 4 RF step at right angle, Kick LF at right angle, LF coaster step back to facing the current wall (LF step back, RF step together, LF step forward).
5, 6, 7 & 8 RF step at left angle, Kick LF at left angle, LF coaster step back to facing the current wall (LF step back, RF step together, LF step forward).