

Loyal

拍數: 32 牆數: 4 級數: High Intermediate
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - December 2018
音樂: Loyal - Paloma Faith : (iTunes)



Starts 8 Counts on Vocals

Back, Behind & Cross, 1/4, 1/2, Step, 1/4, Cross, 1/4, Back Rock, 1/2, 1/2, 1/4.

- 1-2&3 Step back on Left as you sweep Right from front to back, cross step Right behind Left, step Left to Left side cross step Right across Left.
- &4&5 Make 1/4 turn to Right stepping back on Left, make 1/2 turn to Right stepping forward on Right, step forward on Left, make 1/4 pivot to Right (12.00)
- &6-7& Cross step Left over Right, make 1/4 turn to Left stepping back on Right sweeping Left. Rock back on Left, recover forward on Right. (9.00)
- 8&1 Make 1/2 turn to Right stepping back on Left, make 1/2 turn to Right stepping forward on Right, make 1/4 turn to Right stepping Left to Left Side. (12.00)

Back Rock, Side, Together, Cross, Side, Behind, 1/4, Step. 1/4, Cross, Reserve Full Turn.

- 2&3& Cross rock Right behind Left, recover on Left, step Right to Right side, step Left next to Right.
- 4&5 Cross step Right over Left, step Left to Left side, cross step Right behind Left.
- &6&7 Make 1/4 turn to Left stepping forward on Left, Step forward on Right, pivot 1/4 turn to Left, cross step Right over Left. (6.00)
- 8&1 Make 1/4 turn to Right stepping back on Left, make 1/2 turn to Right stepping forward right, make 1/4 turn to Right stepping Left to Left side.(6.00)

Back Rock Side, 1/4 Sailor, Behind, Behind, 1/4, step, Together, Back, 1/4, Touch.

- 2&3 Cross rock Right behind Left, recover on Left, step Right to Right side.
- &4&5 Cross step Left behind Right, make 1/4 turn to Right stepping Right forward, step Left to Left side, cross step Right slightly behind Left as you sweep Left from front to back. (9.00)
- 6&7& Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right, step Left NEXT to Right, step back on Right(12.00)
- 8&1 Step back on Left, make 1/4 turn to Right stepping Right to Right side, point Left toe to Left side (with slight pose) (3.00)

1/4 Sweep, Twinkle Step, Twinkle Step, Cross, 1/4, 1/2, Rock Recover.

- 2 Make 1/4 turn to Left sweeping Right from back to front. (12.00)
- 3&4 Cross step Right over Left, step Left to Left side, step Right next to Left .
- &5&6 Cross step Left over Right, step Right to Right side, step Left next to Right, cross step Right over Left.
- 7&8& Make 1/4 turn to Right stepping back on Left, make 1/2 turn to Right stepping forward on Right, rock forward on Left, recover back on Right(1)

Begin dance again :) (9.00)

Restart Wall 3 - After 8& counts ...

Dance Up To * Including count 8& Then Add 1/4 Turn to Right as you Step BACK on count 1 to begin dance again (facing 6.00)

The Restart - listen for the Boom to begin again :)

Ending : Dance Up To and including Count 1 Section 3 Then add a Sailor 1/4 Turn to Left with a large drag as music fades xx