

Walk To The Bar

COPPERKNOB
BYEBOHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ulrika Andersson (SWE) & Carina Edin - August 2018
音樂: Walk of Shame - Eight to the Bar



Alternative music suggestions:-

"Drinking Bone" - Tracy Byrd,
"I Need A Margarita" - Clay Walker,
"Rub It In" - Jeff Bates

Floor split to Doing The Walk by Pim van Grootel, Jef Camps & Roy Verdonk

Walk forward x 3 - kick, walk backward x 3 - point

1-4 Walk forward (R L R), kick L forward,
5-8 Walk backwards (L R L), point R to R side

Optional arm movements: Point with arms to right when pointing R to R side (count 8)

Jazzbox, step R forward - touch - step L forward - touch

1-4 Cross R over L, step L back, step R to R, step L together next to R
5-6 Step R forward (slightly on R diagonal), touch L next to R
7-8 Step L forward (slightly on L diagonal), touch R next to L

Side - together - side - touch, side - together - 1/4 turn - brush

1-4 Step R to R side, step L together, step R to R side, touch L beside R
5-8 Step L to L side, step R together, turn 1/4 L stepping L forward, brush R beside L

Toe strut x 2, out - out - hip roll

1-2 Touch R toes forward, step R heel down
3-4 Touch L toes forward, step L heel down
5-6 Step R out to r, step L out to L
7-8 Roll hips counter clockwise

Optional arm movements: Put R hand on the R side of the bottom (count 5) and L hand on the L side of the bottom (count 6) and continue to keep the hands there during the hip roll (count 7-8).

Please feel free to add arm movements that you feel suits the music that you choose to dance to.