Hourglass



拍數: 64 牆數: 2 級數: Intermediate 編舞者: Maggie Gallagher (UK) & Gary O'Reilly (IRE) - November 2018

音樂: Hourglass - Alice Chater: (Amazon & iTunes)



Intro: 32 counts (start on main vocals)

S1: 1/4 PUSH, 1/4 RECOVER, 1/4 PADDLE, 1/4 PADDLE	LICK O DOINT CDOCC 1/ LINIMIND
SI % PUSO % RECUVER % PADDE % PADDE	へんしん ぐんしいれ くせいシン ぶ いいかいいい

1-2 ¼ left stepping right to right side while pushing hips to right side, ¼ left recover on left [6:00]

3-4 ¼ left point right toe to right side, ¼ left pointing right toe to right side [12:00]

5&6 Kick right forward, Step right in place, Point left to left side

7-8 Cross left over right, Unwind ½ right (weight finishing on left) [6:00]

S2: & CROSS/DIP, SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, SAILOR 1/4 WALK

&1 Step right next to left, Cross left over right bending knees

2-3 Rock right to right side, Recover on left

4&5 Cross right behind left, Step left to left side, Cross right over left

6-7 Rock left to left side, Recover on right

8&1 Cross left behind right, ¼ right stepping right to right side, Walk forward on left [9:00]

S3: HOLD, 1/2 SWIVEL, STEP LOCK STEP, SIDE, TOGETHER, SCISSOR CROSS

2-3 HOLD, Swivel ½ right stepping down on right [3:00]

4&5 Step forward on left, Lock right behind left, Step forward on left

6-7 Step right to right side. Step left next to right

Step right to right side, Close left to right, Cross right over left

S4: SIDE, TOGETHER, L CHASSE, SWAY R,L,R

2-3 Step left to left side, Step right next to left

Step left to left side, Step right next to left, Step left to left side Sway right, Sway left, Sway right (rolling hips on sways)

S5: & SIDE, DRAG, BALL CROSS, 1/4 WALK, 1/4 WALK, 1/4 SHUFFLE

&1-2-3 Step left next to right (&), Long step to right (1), Drag left to meet right (2-3)

&4 Step left next to right, Cross right over left

5-6 ¼ left walking forward on left, ¼ left walking forward on right [9:00]

7&8 ¼ left stepping forward on left, Step right next to left, Step forward on left [6:00]

S6: WALK, ANCHOR STEP, ½, WALK, ANCHOR STEP, ½

1-2&3 Walk forward on right, Lock left behind right, Step weight onto right, Step slightly back on left

4-5 ½ right stepping forward on right, Walk forward on left [12:00]

6&7 Lock right behind left, Step weight onto left, Step slightly back on right

8 ½ left stepping forward on left [6:00] *Restart Walls 2 & 5

S7: WALK, SWEEP, WALK, SWEEP, CROSS, BACK & CROSS, HITCH

1-2 Walk forward on right, Ronde sweep left from back to front
3-4 Walk forward on left, Ronde sweep right from back to front
5-6& Cross right over left, Step back on left, Step right to right side
7-8 Cross left over right, Hitch right to right diagonal [7:30]

S8: BUMP BACK, BUMP FORWARD, BACK, BACK, R COASTER, WALK, HITCH

1-2 Step back on right bumping hips back, Bump forward

3-4 Walk back on right straightening to [6:00], Walk back on left

5&6 Step back on right, Step left next to right, Step forward on right7-8 Walk forward on left, Hitch right knee up across left

*RESTARTS: After 48 counts on Wall 2 facing [12:00] and Wall 5 facing [6:00]

ENDING: Dance 30 counts of Wall 7, then sway 1/4 left to finish facing [12:00]