

Chain, Chain, Chain

COPPER KNOB
BY STEPHEN T. S.

拍數: 32 牆數: 4 級數: Improver
編舞者: Gail A. Dawson (USA) - January 2019
音樂: Chain of Fools - Aretha Franklin



Intro – Song starts with “Chain, Chain, Chain” Dance starts on the 3rd Chain

STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH

1, 2 R step diagonally forward, L touch beside R
3, 4 L step diagonally forward, R touch beside L
5, 6 R step diagonally forward, L touch beside R
7, 8 L step diagonally forward, R touch beside L

BACK, BACK, PONY BACK, BACK, BACK, PONY BACK

1, 2 R step back, L step back
3&4 Step R back hitching L, step L in place, step R back hitching L
5, 6 L step back, R step back
7&8 Step L back hitching R, step R in place, step L back hitching R

*** RESTART HERE ON WALL 4

VINE RIGHT, ¼ TURN, TOUCH, SWAY, SWAY

1, 2 R step to R, L step behind R
3, 4 R step to R, L touch beside R
5, 6 L step turning ¼ to L, R touch beside L
7, 8 Rock R with a sway R, recover L

BUMPS RIGHT, BUMPS LEFT, HIP ROLL, HIP ROLL**

1&2 Hip bump R, recover L, hip bump R
3&4 Hip bump L, recover R, hip bump L
5, 6 Hip roll clockwise
7, 8 Hip roll clockwise (weight ends on L)

***TAG HERE ON WALL 6

TAG 6 Counts

1, 2 R step, pivot ¼ to L
3, 4 R step, pivot ¼ to L
5, 6 Sway R, recover L

** Options – instead of hip rolls, you can body roll or hip bump R, hip bump L

Contact: free2bgad@gmail.com