

This Feeling of You

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver / Intermediate - Options
編舞者: Bracken Heidenreich (USA) - January 2019
音樂: This Feeling (feat. Kelsea Ballerini) - The Chainsmokers



Intro: 16 counts

Improver level dancers can do Version 'A' throughout the song.

Intermediate level dancers should do A,B,A, A,B,A, A,B,A, A.

VERSION "A"

A[1-8] CROSS, ROCK, SIDE, BACK, ROCK, STEP LOCK, 3/4 TURN

1,2,3 Rock Left across right; Recover in place on Right; Step Left to left side
4,5 Rock Right back; Recover in place on Left
&6 Step Right forward; Lock Left behind right
7,8 Unwind 3/4 left ending with weight on Left [3:00]

A[9-15] FORWARD, ROCK, BACK, SCISSOR STEP, SIDE, BACK, ROCK

1,2 Rock Right forward; Recover in place on Left
&3&4 Step Right back; Step Left to left side; Step Right next to left; Step Left across right
5,6,7 Step Right to right side; Rock Left back; Recover in place on Right

A[16-24] TRIPLE FORWARD, STEP, HALF PIVOT, STEP, HALF, HALF, STEP POINT, HOLD

8&1 Step Left forward; Close Right next to left; Step Left forward
2,3 Step Right forward; Pivot 1/2 turn left [9:00]
4,5 Step Right forward (prep); 1/2 turn right and step Left back [3:00]
6 1/2 turn right and step Right forward [9:00]
&7,8 Step Left to left side; Point Right to right side; Hold

A[25-32] SIDE CROSS, SIDE, CROSS ROCK, QUARTER, STEP PIVOT, SIDE

&1 Step Right center; Step Left across right
2,3,4 Step Right to right side; Rock Left across right; Recover in place on Right
5,6 1/4 turn left and step Left forward; Step Right forward [6:00]
7,8 Pivot 1/2 turn left; 1/4 turn left and step Right to right side [9:00]

VERSION "B"

B[1-8] CROSS ROCK, SIDE TOUCH, BACK ROCK, STEP LOCK, STEP LOCK, 3/4 TURN

1,2 Rock Left across right; Recover in place on Right
&3 Step Left to left side; Touch Right next to left
4& Rock Right back; Recover in place on Left
5& Step Right forward; Lock Left behind right
6&7 Step Right forward; Lock Left behind right, Hold
&8 Unwind 3/4 left ending with weight on Left [3:00]

B[9-16] FORWARD, ROCK, BACK, SCISSOR STEP, SIDE TRIPLE, BACK POINT, HOLD

1,2 Rock Right forward; Recover in place on Left
&3&4 Step Right back; Step Left to left side; Step Right next to left; Step Left across right
5&6 Step Right to right side; Close Left next to right; Step Right to right side
&7,8 Step Left back; Point Right forward; Hold

B[17-24] TOGETHER, FORWARD, STEP, HALF PIVOT, TRIPLE FORWARD, SPIRAL, OUT-OUT, HOLD

&1 Step Right next to left; Step Left forward

2,3 Step Right forward; Pivot 1/2 turn left [9:00]
4&5 Step Right forward; Close Left next to right; Step Right forward
&6 Step Left forward (prep); Full spiral turn right [9:00]
&7,8 Step Right to right side (raise on ball of foot); Step Left to left side (raise on ball of foot); Hold

B[25-32] IN-CROSS, SIDE, CROSS ROCK QUARTER, STEP PIVOT SIDE CROSS, HOLD, AND CROSS SIDE

&1,2 Step Right center; Step Left across right; Step Right to right side
3&4 Rock Left across right; Recover on Right in place; 1/4 turn left and step Left forward [6:00]
5& Step Right forward; Pivot 1/2 turn left [12:00]
6& 1/4 turn left and step Right to right side; Step Left across right [9:00]
7 Hold
&8& Close Right next to left; Step Left across right; Step Right to right side

Enjoy!

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