

Heart to Heart to Heart

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Malene Jakobsen (DK) - January 2019
音樂: Heart to Heart - 4Minute : (iTunes)



Intro: 32 counts from the beginning 15 sec. seconds into track, dance begins with weight on R

TAG: There is one Tag – after wall 12, you'll be facing 12.00

[1-8] Behind, side, cross, point, cross point, cross, point

1-2-3-4 (1) Cross L behind R, (2) step R to R, (3) cross L over R, (4) point R to R 12.00
5-6-7-8 (5) Cross R over L, (6) point L to L, (7) cross L over R, (8) point R to R 12.00

[9-16] Cross, side, behind, point, behind, point, behind, point

1-2-3-4 (1) Cross R over L, (2) step L to L, (3) cross R behind L, (4) point L to L 12.00
5-6-7-8 (5) Cross L behind R, (6) point R to R, (7) cross R behind L, (8) point L to L 12.00

[17-24] Back rock, chasse, back rock, shuffle 1/4

1-2-3-4 (1) Rock back on L, (2) recover onto R, (3) step L to L, (&) step R next to L, (4) step L to L
12.00
5-6-7-8 (5) Rock back on R, (6) recover onto L, (7) turn 1/4 R stepping fwd. on R, (&) step L next to
R, (8) step fwd. on R 3.00

[25-32] Rocking chair, 1/2, side rock

1-2-3-4 (1) Rock fwd. on L, (2) recover onto R, (3) rock back on L, (4) recover onto R 3.00
5-6-7-8 (5) Step fwd. on L, (6) turn 1/2 R, (7) rock L to L, (8) recover onto R 9.00

ENDING: On wall 14: After you do the step 1/2 turn R, repeat that: (7) step fwd. on L, (8) turn 1/2 R and finish the dance at 12.00

TAG: Back rock, side, hold, back rock, side, hold

1-2-3-4 (1) Rock back on L, (2) recover onto R, (4) step L to L, (4) hold
5-6-7-8 (5) Rock back on R, (6) recover onto L, (7) step R to R, (8) hold

Optional: Do the Tag with arms like this: (it's really not as hard as it may seem at first)

On count 3 (stepping L to L) Bring both hands in front of your stomach at waist height, palms upwards and R hand crossed in front/on top of L

On count 4 (the hold) Bring both arms in a circle away from your body then down

On count 7 (stepping R to R) Bring both hands in front of your stomach at waist height, palms upwards and R hand crossed in front/on top of L

On count 8 (the hold) Bring both arms in a circle away from your body then down

NOTE: It will look like you are presenting something

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