

Forgive Me Friend

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Helena Jeppsson (SWE) - January 2019
音樂: Forgive Me Friend - Smith & Thell



Syncopated side rocks, L sailor step, cross, unwind ½ R

- 1, 2 Rock RF to R side, recover weight onto LF
- &3, 4 Step RF beside LF, rock LF to L side, recover weight onto RF
- 5&6 Step LF behind RF, step RF to right side, step LF in place
- 7, 8 Cross RF behind LF, unwind ½ turn R (weight end on RF facing 6.00))

Cross rock x2, cross, side, ¼ turn L coaster step

- 1, 2 Cross rock LF over RF, recover weight onto RF
- &3, 4 Step LF to L side, cross rock RF over LF, recover weight onto LF
- &5, 6 Step RF to R side, step LF in front of RF, step RF to R side
- 7&8 Make a ¼ turn L stepping back on LF, step RF beside LF, step fwd on LF (facing 3.00)

Fwd shuffle, ¼ turn R side shuffle, rock step, side shuffle

- 1&2 Step fwd on RF, step LF beside RF, step fwd on RF
- 3&4 Make a ¼ turn R stepping LF to L side, step RF beside LF, step LF to L side (facing 6.00)
- 5, 6 Rock RF back, recover weight onto LF
- 7&8 Step RF to R side, step LF beside RF, step RF to R side

½ turn L side shuffle, jazz box, ¾ turn L

- 1&2 Make a ½ turn L stepping LF to L side, step RF beside LF, step LF to L side (facing 12.00)
- 3, 4 Cross RF over LF, step back on LF
- 5, 6 Step RF to R side, cross LF over RF

RESTART: At wall 9 and 10 restart happens here facing front wall both times

- 7, 8 Make a ¼ turn L stepping back on RF, make a ½ turn L stepping fwd on LF (end facing 3.00)
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