

Am I Crazy

拍數: 32

牆數: 4

級數: Intermediate Smooth Rolling 8
count



編舞者: Maria Maag (DK) - January 2019

音樂: Crazy Love - Future Animals : (Single - 3:32)

Intro: Begin after the 3 heavy stroke (4 sec into track)

Restarts: Wall 5 after 16 counts (Facing 3:00), Wall 7 after 16 counts (facing 9:00)

Ending: After wall 8 (facing 12:00)...The End :-)

[1 – 8] Step back L sweep R back, cross R hitch L, side L weave curve $\frac{1}{4}$ R sweep L fw. jazz $\frac{1}{4}$ L, back coaster step L

1-2a Step back L sweep R back (1), cross R behind L pop L knee (2), Step L to L (a) 12:00
3a4a Cross R over L (3), $\frac{1}{8}$ R step L to L (a), cross R behind L (4), $\frac{1}{8}$ R step L to L (a) 03:00
5-6a Cross R over L sweep L fw. (5), cross L over R (6), $\frac{1}{4}$ L step back R (a) 12:00
7-8a Step back L (7), step R next to L (8), step fw. L (a) 12:00

[9 – 16] Rock fw. R $\frac{1}{4}$ recover R, rock fw L side rock L, back rock L recover $\frac{1}{2}$ R, back rock R recover $\frac{1}{2}$ L

1-2a Rock fw. R (1) recover L (2), $\frac{1}{4}$ R step R to R (a) 03:00
3a4a Cross rock L over R (3), recover R (a), side rock L to L (4), recover R (a) 03:00
5-6a Back rock L (5), recover R (6), $\frac{1}{2}$ R step back L (a) 09:00
7-8a Back rock R (7), recover L (8), $\frac{1}{2}$ L step back R (a) 03:00

[17 – 24] Back L, sailor step $\frac{3}{8}$ R, step/swing R hip touch L, $\frac{1}{8}$ R step/swing L hip touch R, step R (prep) rolling vine 1 $\frac{1}{4}$ L sweep R fw, cross R $\frac{1}{4}$ R

1-2a Step back L sweep R back (1), $\frac{1}{8}$ R cross R behind L (2), $\frac{2}{8}$ R step L to L (a) 07:30
3a4a Step R to R dip both knees and sway hip R (3), touch L next to R (a), $\frac{1}{8}$ R step L to L dip both knees and sway hip L (4), touch R next to L (a) 09:00
5-6a Step R to R (prep) (5), $\frac{1}{4}$ L step down L (6), $\frac{1}{2}$ L step back R (a) 12:00
7-8a $\frac{1}{2}$ L step down L sweep R fw, (7), cross R over L (8), $\frac{1}{4}$ R step back L (a) 09:00

[25 – 32] $\frac{1}{4}$ R sway/swing R ball sway/swing L recover $\frac{1}{4}$ L together , step $\frac{1}{2}$ L, full turn L hitch R, rock fw. R recover L back R

1-2a $\frac{1}{4}$ R step R to R and sway hip R (1), recover L (2), step R next to L (a) 12:00
3-4a Step L to L and sway hip L (3), $\frac{1}{4}$ L recover R (4), step L next to R (a) 09:00
5-6a Step fw. R (5), $\frac{1}{2}$ L step down L (6), $\frac{1}{2}$ L step back R (a), 09:00
7-8&a $\frac{1}{2}$ L step down L hitch R fw. (7), rock fw. R (8), recover L (&), step back R (a) 03:00

Enjoy...:-) :-)

Contact: maria.maag.dk@gmail.com