

# Dream Myself to SLEEP

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Val Saari (CAN) - January 2019  
音樂: Born and Raised - Hunter Brothers



## HEEL SWITCHES X 2 (RL), TOE-STRUTS IN PLACE X 2 (RL)

1-2      Touch R Heel forward on floor, Step RF beside L  
3-4      Touch L Heel forward on floor, Step LF beside R  
5-6      Touch RF toes in place, Step RF heel down  
7-8      Touch LF toes beside RF, Step LF heel down

## CROSS ROCK, TRIPLE RIGHT, CROSS ROCK, TRIPLE LEFT 1/4 PIVOT L

1-2      Cross RF over LF, Recover LF  
3&4      Step RF right, Step LF together, Step RF right  
5-6      Cross LF over RF, Recover RF  
7&8      Step LF left, Step RF together, Step LF 1/4 Pivot left

## STOMP KICK, TRIPLE STEP X 2, (R,L)

1-2      Stomp RF, Kick RF forward  
3&4      Recover RF, Step LF in place, Step RF in place  
5-6      Stomp LF, Kick LF forward  
7&8      Recover LF, Step RF in place, Step LF in place

## SIDE TOGETHER TO THE RIGHT, HITCH, LINDY LEFT

1-2      Step RF right, Step LF together  
3-4      Step RF right, Hitch LF  
5&6      Shuffle left, LRL  
7-8      Rock back on RF, Recover on LF

**REPEAT - No Tags, No Restarts**

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