

Dream Myself to SLEEP

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Val Saari (CAN) - January 2019
音樂: Born and Raised - Hunter Brothers



HEEL SWITCHES X 2 (RL), TOE-STRUTS IN PLACE X 2 (RL)

1-2 Touch R Heel forward on floor, Step RF beside L
3-4 Touch L Heel forward on floor, Step LF beside R
5-6 Touch RF toes in place, Step RF heel down
7-8 Touch LF toes beside RF, Step LF heel down

CROSS ROCK, TRIPLE RIGHT, CROSS ROCK, TRIPLE LEFT 1/4 PIVOT L

1-2 Cross RF over LF, Recover LF
3&4 Step RF right, Step LF together, Step RF right
5-6 Cross LF over RF, Recover RF
7&8 Step LF left, Step RF together, Step LF 1/4 Pivot left

STOMP KICK, TRIPLE STEP X 2, (R,L)

1-2 Stomp RF, Kick RF forward
3&4 Recover RF, Step LF in place, Step RF in place
5-6 Stomp LF, Kick LF forward
7&8 Recover LF, Step RF in place, Step LF in place

SIDE TOGETHER TO THE RIGHT, HITCH, LINDY LEFT

1-2 Step RF right, Step LF together
3-4 Step RF right, Hitch LF
5&6 Shuffle left, LRL
7-8 Rock back on RF, Recover on LF

REPEAT - No Tags, No Restarts

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