

The Look

拍數: 68 牆數: 2 級數: Intermediate
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音樂: The Look - Roxette



Intro: Start after 30 counts

Tag: On wall 4 after count 67. 1-2: hold. 3: turn 1/2 R weight on LF

Vocabulary: BH – both heels. RH – right heel. LH – left heel. LT – left toe. RK – right knee.

S1: SWIVEL SWIVEL HITCH X2, BALL WALK X2, TURN 1/2 WITH HEEL BOUNCE X2

1&2 RF step R, BH Swivel R (1), BH swivel L (&), RH swivel R LK hitch (2)
3&4 BH Swivel L (3), BH swivel R (&), LH swivel L RK hitch (4)
&5-6 RF step next to LF (&), LF step fwd (5), RF step fwd (6)
7-8 Turn 1/4 L BH bounce (7), Turn 1/4 L, BH bounce, transfer weight to RF (8)(6:00)

S2: WALK X4 TURNING 1/2 L, DRAG TOUCH, BODY ROLL, WEIGHT TRANSFER

1-2 LF step fwd (1), turn 1/4 L RF step fwd (2)
3-4 Turn 1/4 L LF step fwd (3), RF step R (4)(12:00)
5-6 LF drag & flick behind RF (5), LF touch L (6)
7-8 Body roll (7), transfer weight to LF (8)

S3: SAMBA ROCK X2, SAMBA ROCK 1/2 TURN, CROSS SHUFFLE

1&2 RF cross over LF (1), LF step L (&), RF step R (2)
3&4 LF cross over RF (3), RF step R (&), LF step L (4)
5&6 RF cross over LF (5) LF step L (&), turn 1/2 R RF step R (6)
7&8 LF cross over RF (7), RF step slightly behind LF (&), LF cross over RF (8)(6:00)

S4: POINT R,L, HEEL BALL TOUCH, BRUSH STEP BACK, APPLE JACK TURN 1/2 L, TURN 1/2 R

1&2& RF point R (1), RF step next to LF (&), LF point L (2), LF step next to RF (&)
3&4 RH touch fwd (3), RF step next to LF (&), LF touch next to RF (4)
5-6 LF brush fwd (5), LF step back (6)
7-8 Turn 1/2 L, with LT up and RH up (7), turn 1/2 R weight on LF (8)(6:00)

S5: VAULTER STEP X4 IN FULL TURN R, VAULTER STEP X4 IN FULL TURN L

1&2& Turn 1/4 R RF step fwd (1), LF cross behind RF (&), Turn 1/4 R RF step fwd (2), LF cross behind RF (&)(12:00)
3&4 Turn 1/4 R RF step fwd (3), LF cross behind RF (&), Turn 1/4 R RF step fwd(4)(6:00)
5&6& Turn 1/4 L LF step fwd (5), RF cross behind LF (&), Turn 1/4 L LF step fwd (6), RF cross behind LF (&)(12:00)
7&8 Turn 1/4 L LF step fwd (7), RF cross behind LF (&), Turn 1/4 L LF step fwd (8)(6:00)

S6: SAMBA ROCKS 1/2 TURN X2, WALK R,L SHUFFLE TURNING 1/2 L

1&2 RF cross over LF (1), turn 1/4 R LF step L (&), turn 1/4 R RF step fwd (2)(12:00)
3&4 LF cross over RF (3), turn 1/4 L RF step R (&), turn 1/4 L LF step fwd (4)(6:00)
5-6 RF step fwd (5), turn 1/4 L LF step fwd (6)(3:00)
7&8 Turn 1/8 L RF step fwd (7), LF step next to RF (&), turn 1/8 L RF step fwd (8)(12:00)

S7: ROCK RECOVER, STEP BACK, BEHIND SIDE CROSS TURNING 1/8 L, 1/4 SAMBA DIAMOND TURN 1/4 L, BEHIND SIDE CROSS TURN 1/8 L

1&2 LF rock fwd (1), RF recover (&), LF step back (2)
3&4 RF step behind LF (3), turn 1/8 L LF step L (&), RF cross over LF (4)(10:30)
5&6& LF cross over RF (5), turn 1/8 L RF step back(&), turn 1/8 L LF step back (6), RK hitch (&)(7:30)

7&8 RF step behind LF (7), turn 1/8 L LF step L (&),RF cross over LF (4)(6:00)

S8: TRAVELLING SWIVELS WITH ARMS,

1&2 LF step L, BT point outwards (1), travel L BT point inwards (&), travel L BT point outwards (2)

&3-4 travel L BT point inwards (&), travel L BT point outwards transfer weight to LF (3), hold (4)

Arms: Cross arms in front of chest (1), place L hand on L shoulder and R hand on R shoulder (&), place L hand on L hip and R hand on R hip (2), bring L hand up ay face level fist clench and L hand down at waist level fist clench (&), switch hand bring R up and L down (3), hold arms (4)

S9:, BRUSH STEP BACK, TURN 1/2 L ON HEELS, TURN 1/2 R, BRUSH STEP BACK, APPLE JACK TURN 1/2 R, TURN 1/2 L

1-2 RF brush fwd (1), RF step back (2)

3-4 Turn 1/2 R on heels (3), turn 1/2 L weigth on RF (4)(6:00)

5-6 LF brush fwd (5), LF step back (6)

7-8 Turn 1/2 L, with LT up and RH up (7), turn 1/2 R weigth on LF (8)(6:00)

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