

# Full Time Woman

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Frank Heelan (IRE) - January 2019  
音樂: More Where That Came From - Cliona Hagan



Intro: 16 Counts

Restarts 2: --

First Restart on wall 3 dance first 24 counts and Restart facing 6.00.

Second Restart on wall 6 dance first 24 counts and Restart facing 12.00.

**Sec 1: Cross rock, side rock, back rock, side, coaster step, turn, turn.**

1&2&      Cross rock right over left, recover to left, rock right to right, recover to left.  
3&4      Rock right behind, recover to left, step right to right.  
5&6      Step back left, right together, forward left.  
7-8      Pivot ½ right (Weight to right) turn ½ right stepping back on left. (12.00)

**Sec 2: Sailor step, behind turn step, step turn step, ball step, step.**

1&2      Sweeping right behind left, recover to left, step right to right.  
3&4      Step left behind, turn ¼ right stepping forward right, forward left. (3.00)  
5&6      Step forward right pivot ½ left stepping on left, forward right.  
&7-8      Step on ball of left, step forward ,right , left.

**Sec 3: Mambo step, back, back, back, coaster step, step turn cross.**

1&2      Rock forward on right, recover to left, step right next to left.  
3&4      Run back, left, right, left.  
5&6      Step back on right, left together, forward right.  
7&8      Step forward on left, pivot ¼ right, cross left over right.(12.00)

**Sec 4: Chasse right, sailor ¼ left, shuffle ½ turn, shuffle ½ turn.**

1&2      Step right to right, left together, right to right  
3&4      Sweeping left around behind right turning ¼ left, step right to right, recover to left.  
5&6      Turn ¼ left, step right to side, left together, turn ¼ left, step back right.  
7&8      Turn ¼ left, step left to side, right together, turn ¼ left step forward left. (9.00)

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