

Walking In The Sunshine

COPPER KNOB
BY STEPHEN GELL

拍數: 64 牆數: 4 級數: Improver
編舞者: Stephen Gell (UK) - January 2019
音樂: Walking In the Sunshine - Rod Stewart : (CD: Another Country - 4:30)



Music Available On iTunes and Amazon UK

Intro: 64 Count Intro (0.33) From The Heavy Beat. (0.27 16 Counts Intro)

[1 – 8] Right Forward Coaster, Hold, left Coaster Cross, Hold

1 – 4 Step forward right, Step left next to right, Step back right, HOLD
5 – 8 Step back on left Step right next to left, Cross left over right, HOLD (12.00)

[9 – 16] Side, Behind, Side, Touch, Side, Behind, ¼ Turn Left, Brush

1 – 4 Step right to right side, Cross Left behind right, Step right to right side, Touch left next to right
Restart 2 Wall 8 On Count 12 Step Down On Left Instead Of Touch
5 – 8 Step left to left to left, Cross right behind left, ¼ Turn left on left foot, Brush right foot forward (9.00)

[17 – 24] Right Rocking Chair, Rock Turn ¼ Left, Cross HOLD with Clap

1 – 4 Rock forward on right, Recover on left foot, Rock back on right, Recover left foot
5 – 6 Make ¼ left rocking right foot to right side, Recover left (6.00)
7 – 8 Cross right over left, HOLD with CLAP

[25 – 32] Side Rock, Recover, Cross HOLD with Clap, Side Rock Back, Recover HOLD

1 – 2 Rock left to left side, Recover right
3 – 4 Cross left over right, HOLD with CLAP
5 – 8 Step the right to right side, Rock back on left, Recover right, HOLD (6.00)

[33 – 40] Side Rock Back, Recover HOLD, Side, Behind, ¼ Turn Right, HOLD

1 – 4 Step left to left side, Rock back on right, Recover left, HOLD
Restart 1 Wall 3 Dance Up Too Count 36
5 – 8 Step right to right side, Cross left behind right, Make ¼ turn right, HOLD (9.00)

[41 – 48] Step Forward, ½ Turn Right, Step Forward, HOLD, Walk Forward Right, Left, Right, Kick

1 – 4 Step forward left, Make ½ turn right, Step forward left, HOLD
5 – 8 Walk forward right, left, right, Kick left foot forward (3.00)

Note: On Count 8 You can raise your hands as you kick your left foot forward

[49 – 56] Walk Back Left, Right, Left, Touch, Right Mambo HOLD with Clap

1 – 4 Walk back left, right, left, Touch right next to left
5 – 8 Rock forward on right, Recover left, Step right next to left, HOLD with Clap (3.00)

[57 – 64] Left Mambo HOLD with Clap, Hip Bumps Right, Left, Right, Left

1 – 4 Rock back on left, recover right, Step left next to right, HOLD with Clap
5 – 8 Hip bumps right, left, right, left (3.00)

Ending Wall 10: Wall Starts Facing 3 o'clock. Dance The First 32 Counts Rock left to left side, Recover right making ¼ right, Step forward left HOLD

Last Update - 4th Jan. 2019