

Un peu de rêve

拍數: 32 牆數: 1 級數: Improver New Line
編舞者: Aurélie CHACHOUA (FR) & Steffie ROBERT (FR) - July 2018
音樂: Un peu de rêve (feat. Claudio Capeo) - Vitaa : (Album: J4M)



Intro : 16 counts

[1-8] R & L FWD STEPS, MAMBO, L & R BWD STEPS, COASTER STEP

1-2-3&4 R & L Steps FW, R Mambo FW (Step R back on count 4)
5-6-7&8 L & R Step BW, L Coaster Step

[9-16] R SHUFFLE FWD, ¼ TURN R, CROSS TRIPLE STEP, KICK BALL CROSS

1&2 R Step FW, L Step next to RF, R Step FW
3-4 L Step FW, ¼ turn R (Weight on RF) 3:00
5&6 Cross L in front of RF, Step R to R side, Cross L in front of RF
7&8 Kick R to right Diagonal, R Step next to LF, Cross L in front of RF

[17-24] R SIDE ROCK, BEHIND SIDE CROSS, TURNING L & R STEPS & L SHUFFLE

1-2 Rock R to R side, Recover weight to L (Light side body wave with the rock step rhythm)
3&4 Cross R behind LF, Step L to L side, Cross R in front of LF
5-6 ¼ turn L stepping L FW, ¼ turn L stepping R FW 9:00
7&8 ¼ turn L stepping L FW, Step R next to LF, Step L FW 6:00

[25-32] ¼ TURN LEFT x2, JAZZ BOX

1-2 R Step FW, ¼ turn L (weight on LF) 3:00
3-4 R Step FW, ¼ turn L (weight on LF) 12:00
5-8 Cross R in front of LF, L Step BW, R Step to the side, L Step next to RF*

* At the end of walls 1, 2 et 3, counts 7 et 8 change to R shuffle to R side.

TAG (after walls 1, 2 & 3 – don't forget to change the last 2 counts to R side shuffle)

1-2&3-4 L side Step ("out"), Hold, Twist R knee "in", Recover knee to center, R heel down
5-8 L Step "in", R Step "in", L Step "out", R Step "out"
1-2 Raise R arm folded up to shoulder height, forearm parallel to shoulders line
3-4 Raise L arm folded up to shoulder height under R arm
5-6 Raise R hand up to the R temple
&7-8 Head bent to L side, Recover head straight, Lower the 2 arms along the body closing RF
Next to LF with a touch

End : on the last count of the music, Cross both forearms in front of the face with fists.

REPEAT avec le

Conventions :

R = Right -- L = Left -- FW = Forward

RF = Right Foot -- LF = Left Foot -- BW = Backward

CCW = ClockWise -- H : Hand