

Stomp n Ground

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - December 2018
音樂: Stamp On the Ground - ItaloBrothers : (iTunes)



(16 count intro)

[S1] Fwd, Fwd, Touch-1/4R Hook, Fwd, Fwd, Cross-Samba 1/4R

1 2 Step forward on R, Step forward on L
3 4 Point R to right, Make a ¼ turn right on ball of L foot and hook R foot in front
5 6 Step forward on R, Step forward on L
7&8 Cross R over L, Make a ¼ turn right stepping/rock L to left, Recover weight on R (6:00)

[S2] Cross, Side, Behind, Point, Cross, Side, Behind, 1/4L Fwd

1 2 3 4 Cross L over R, Step R to right, Step L behind R, Point R to right
5 6 7 8 Cross R over L, Step L to left, Step R behind L, Make a ¼ turn left stepping forward on L (3:00)

[S3] Step-Pivot 1/2L, Scuff Across-Reverse, Ball-Cross, Hold, Ball-Cross, 1/4L Back

1 2 Step R forward, Make a ½ turn left recover weight on L
3 4 Scuff R across L (Scoop R foot from right to left), Recover (Scoop R foot from left to right)
&5 6 Step R to right, Cross L over R, Hold
&7 8 Step R to right, Cross L over R, Make a ¼ turn left stepping back on R (6:00)

[S4] 2x Diagonal Triple Step (Back), Coaster Step, Fwd-Hitch 1/4R

1&2 Triple step back (45 deg R/ 7:30) L-R-L
3&4 Triple step back (45 deg L/ 4:30) R-L-R
5&6 Step back on L, Step R next to L, Step forward on L
7 8 Step forward on R, Make a ¼ tur right on ball of right foot with L hitch** (9:00)

[S5] Stomp L-R-L, Kick, 4x Jump Back

1 2 3 4 Stomp forward on L, Stomp forward on R, Stomp forward on L, Kick R foot forward
&5&6 Jump back on R, Touch L next to R, Jump back on L, Touch R next to L
&7&8 Jump back on R, Touch L next to R, Jump back on L, Touch R next to L (9:00)

[S6] Ball-1/2L March, L Dorothy Step, 1/4R Heel-Recover-Fwd

& Step R next to L
1 2 3 4 Marching around ½ left L-R-L-R (3:00)
5 6& Step diagonally forward on L, Lock/step R behind L, Step diagonally forward on L
7&8 Twist your body ¼ right and step forward on R heel (6:00), Twist back to 9:00 stepping R together, Step forward on L (3:00)

[S7] Stomp R-L-R, Kick, 4x Jump Back

1 2 3 4 Stomp forward on R, Stomp forward on L, Stomp forward on R, Kick L foot forward
&5&6 Jump back on L, Touch R next to L, Jump back on R, Touch L next to R
&7&8 Jump back on L, Touch R next to L, Jump back on R, Touch L next to R (9:00)

[S8] Ball-1/2R March, Jump-1/4R Jump-1/4R Jump-1/4R Jump

& Step L next to R
1 2 3 4 Marching around ½ right R-L-R-L (9:00)
5 6 Jump on the spot with feet together, Make a ¼ turn right jump forward with feet together
7 8 Make a ¼ turn right jump forward with feet together, Make a ¼ turn right jump forward with feet together (6:00)

Restart on Wall 4 count 32(3:00)+ Tag**

Tag: Cross, Hold, Ball-Cross, 1/4L Back, Side, Hold, Ball-Cross, Hold (12:00)

1 2& Cross L over R, Hold, Step R to right

3 4 Cross L over R, Make a ¼ turn left stepping back on R

5 6& Step L to left, Hold, Step R next to L

7 8 Cross L over R, Hold (12:00)

**Please feel free to contact me if you need any further information.(hirokoinedancing@gmail.com)
(updated: 27/Dec/18)**
