

# Hao Nan De

COPPER KNOB  
STEPSHETS

拍數: 32      牆數: 2      級數:  
編舞者: Lina Chia (SG) - October 2018  
音樂: One In a Thousand (好難得) - Della Wu (丁當)



**Intro : Start on Heavy beat 16 counts**

**Section 1: Rock Recover, Coaster Step, Rock Fwd 1/4 turn Right, Cross ChaCha**

1,2,3&4      Rock R Fwd, recover onto L, Coaster Step on R L R  
5,6,7&8      Rock L Fwd, 1/4 turn R, Cross Cha Cha L R L

**Section 2: Side Rock Recover, Behind side Cross, Side Rock Recover Cross Cha Cha.**

1,2,3&4      R Side Rock Recover L, R behind, L side, R cross.  
5,6,7&8      L Side Rock Recover R, Cross Cha Cha L R L.

**Section 3: Side Rock Recover, Sailor step 1/4 turn R, Fwd Pivot 1/2 turn R, 1/2 turn R Back Cha Cha.**

1,2,3&4      R side Rock Recover L , Step R behind L 1/4 turn R, Step L to L side, Step R to R side.  
5,6,7&8      L Fwd, Pivot 1/2 turn R, 1/2 turn R Back Cha Cha L R L.

**Section 4: Rock Back, Cross Point x 2, Bump, Bump**

1,2,3,4      Rock Back R Recover L, R Cross over L, L point to L side  
5,6,7,8      Cross L over R, R point to R side, Bump hip to the R, Bump hip to the L.

**Restart on Wall 4 after count 16**

**Ending: During Wall 8 section 4, last two counts - R cross over L, unwind 3/4 L turn to 12 o'clock.**

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