

Alma Desnuda Bachata

COPPERKNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Fred CHABBAT (FR) - December 2018
音樂: Alma Desnuda - Oub LCK



Intro: 32 Count – No Tag & No Restart

I- ROCKIN CHAIR – TURN/SWEEP – BEHIND SIDE CROSS

1-2 R Fwd – Recover on L
3-4 R Back – Recover on L
5-6 R Fwd with ½ turn L & Sweep L – L behind R
7-8 R Side – L cross R

II- SWAY/SWAY – CROSS SCHUFFLE – ROCKIN CHAIR

1-2 Sway R – Sway L
3&4 R Cross on L – L side – R Cross on L
5-6 L Fwd – Recover on R
7-8 L Back – Recover on R

III- TURN/SWEEP – BEHIND SIDE CROSS – SWAY/SWAY – CROSS SCHUFFLE

1-2 L Fwd with ½ turn R & Sweep R – R behind L
3-4 L side – R cross L
5-6 Sway L – Sway R
7&8 L cross on R – R side – L cross on R

IV- SIDE/TOGETHER – SIDE & CROSS (R/L)

1-2 R big side – L together R
3&4 R side (in Place) – Recover on L – R cross on L
5-6 L big side – R together L
7&8 L side (in Place) – recover on R - L cross on R

V- DIAG FWD (R/L) BASIC BACHATA WITH HITCH

1-2 Diag R Fwd – L beside R
3-4 Diag R Fwd – L hitch
5-6 Diag L Fwd – R beside L
7-8 Diag L Fwd – R hitch

VI- DIAG BACK (R/L) CROSS X2

1-2 Diag R back – L back cross on R
3-4 Diag R back – Diag L back
5-6 R back cross on L – Diag L back
7-8 Diag R back – L back cross on R

VII- JUMP & CROSS & ½ UNWIND L – BASIC R SIDE BACHATA

1-2 Jump & R cross on L – 1/6 turn L in place
3-4 1/6 turn L in Place – 1/6 Turn L in Place
5-6 R side – L beside R
7-8 R side – L touch & hip

VIII- JUMP & CROSS & ¾ UNWIND R – BASIC L SIDE BACHATA

1-2 Jump & L cross on R – ¼ turn R in place
3-4 ¼ turn R in place – ¼ turn R in place

5-6 L side – R beside L
7-8 L side – R touch & hip

END OF THE DANCE

Contact: fredchabbat@free.fr <http://animaxi-loisirs.jimdo.com>
