

# Shape of My Heart

**COPPER** **NOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: An Ji Won (KOR) - November 2018  
音樂: Shape of My Heart - Sting



---

## S1. RF 1/4 T RIGHT BACK, RECOVER, TURN 1/2 LEFT, HOLD, LF 1/2 T LEFT STEP FORWARD, RF 1/2 T LEFT STEP BACK, LF STEP BACK, HOLD

1-2            Make 1/4 R turn rock R back, Recover on L  
3-4            RF 1/2 T L step back, Hold  
5-6            LF 1/2 T L step Forward, RF 1/2 T Left step back  
7-8            LF step back

## S2. RF CLOSE, WALK ,WALK, HOLD, FORWARD, SPIRAL FULL TURN, FORWARD, 1/2 T RIGHT STEP BACK

1-4            RF close, LF step fwd, RF step fwd, hold  
5-6            LF step fwd, Spiral full T R  
7-8            RF step fwd, LF 1/2 T R step back

## S3. RF 1/4 T RIGHT STEP SIDE, HOLD ,SWAY L-R, CROSS KICK, SWING BACK, UNWIND 3/4 TURN LEFT

1-2            RF 1/4 T R step side, Hold  
3-4            Sway L-R  
5-6            LF kick cross over RF ,swing front to back  
7-8            LF touch behind RF, 3/4 T L weight on RF

## RESTART HERE 2 TIMES( ON 6TH WALL-AFTER 24COUNTS + TAG / ON 7TH WALL AFTER 24COUNTS) TAG (2COUNTS)

1-2            LF step L side, hold

## S4. FORWARD, HOLD, FORWARD, 1/2 TURN LEFT, FORWARD, SPIRAL FULL TURN RIGHT, FORWARD, 1/4 TURN RIGHT STEP SIDE

1-2            LF step fwd, ,Hold  
3-4            RF step forward, 1/2 T L weight on RF  
5-6            LF step forward, Spiral full T R  
7-8            RF step forward, LF 1/2 turn L step back

Enjoy the dance

CONTACT : [zey7189@gmail.com](mailto:zey7189@gmail.com).

---