A Million Dreams

拍數: 32

Notes: 2 Tags, 1 Restart

級數: Low Intermediate NC2S

編舞者: Caroline Brown (SCO) - December 2018

牆數: 4

音樂: A Million Dreams - P!nk: (Album: The Greatest Showman: Reimagined)



- [1-8&] Basic Right, Basic Left, 1 ¼ Turn Right, Shuffle Back
- Step R to R side, Rock step L behind R, Recover weight onto R 1-2&
- 3-4& Step L to L side, Rock step R behind L, Recover weight onto L
- 5-6-7 Make a ¼ turn R stepping R forward, Make a ½ turn R stepping L back, Make a ½ turn R stepping R forward (3:00)
- 8& Shuffle back on L

Intro - 16 counts from start of track

[9-16&] Rock Back, ½ turn, Rock back, ½ turn Rock back, Sweep, Sweep, Rock Back, Run Run

- 1-2& Rock back on L, Recover on R, Make a ¹/₂ turn right
- Rock back on R, Recover on L, Make a 1/2 turn left 3-4&
- 5-6-7 Step back on L sweeping R, step back on R sweeping L, Step L back
- Run forward R then L 8&

[17-24&] Basic Right, Full Turn Left, Weave, Recover

- Step R to R side, Rock step L behind R, Recover weight onto R 1-2&
- 3-4& Step L to side, Make a full turn L
- 5&6&7 Cross R over L, Step L out L, Cross R behind L, Step L out to L, Cross R over L
- Recover on L, Step R to R side 8&

[25-32&] Half Turn Run Around, Step Sweep, Step Hitch, Cross Rock Recover

- 1-2& Run L, R, L round to R (9:00)
- 3-4& Step R forward sweeping L forward, Cross L over R, Step R back
- 5-6-7 Step L to L side, Hitch R behind L, Step L to L side
- 8& Cross R over L, Recover back on R

TAG 1: At the end of wall 3 facing 3:00 -

- Basic Right, Basic Left, Full Turn Run Around, Step Sweep, Step Hitch, Cross Rock Recover
- 1-2& Step R to R side, Rock step L behind R, Recover weight onto R
- 3-4& Step L to L side, Rock step R behind L, Recover weight onto L
- 5&6& Run R, L, R, L
- 7-8& Step R forward sweeping L forward, Cross L over R, Step R back
- 9-10-11 Step L to L side, Hitch R behind L, Step L to L side
- 12& Cross R over L, Recover back on R

TAG 2: At the end of wall 6 facing 6:00 -

- Basic Right, Basic Left, Full Turn Run Around, Step Sweep, Step Hitch, Cross Rock Recover
- 1-2& Step R to R side, Rock step L behind R, Recover weight onto R
- 3-4& Step L to L side, Rock step R behind L, Recover weight onto L

SEQUENCE: 32, 32, 32, Tag 1 at 3:00, 32, 32, 32, Tag 2 at 6:00, 32, 10& counts then restart*, 32 and dance to the end

*Restart: At the end of wall 7 facing 3:00 -

Dance to first 8&, Rock back on L, Run R, L, (9-10&) then make a quarter turn left to restart the dance at 3:00

