

Blessings

拍數: 32 牆數: 1 級數: Intermediate
編舞者: Rex Chuan (USA) - December 2018
音樂: Blessings (祝福) - Shanghai Rainbow Chamber Singers (上海彩虹室內合唱團)



Start: after 32 counts of music, start with vocal.

S1: Cross Rock Recover X3, Pivot Turn

1&2&3&4& RF step diagonally(1), Rock LF across RF(&), RF tap behind LF(2, optional), recover on RF(&), LF R(3), rock RF across LF(&), LF tap behind RF(4, optional), recover on LF(&)
5&6&7&8& RF R(5), R 3/8 turn and LF rock forward(&), RF tap behind LF(6, optional), recover on RF(&), L 3/8 turn and LF step diagonally(7), RF cross over LF(&) L pivot half turn on RF(8), Weight ship on LF(&) (6:00)

S2: Rock Recover, Cross, Side, Knee Bend Sway, Wind, Sailor Step, Weave,

1&2& RF cross over LF(1), LF L(&), Full weight on RF and RF on toe(2), Weight on RF(&)
3&4& LF cross RF(3), RF R(&), bend knees with body sway R and L heel up(4), straighten up on foot(&)
5&6& Wind body L half turn(5), sweep LF backward(&), LF cross behind RF(6), RF rock R(&)
7&8& Recover on LF(7), RF cross behind LF(&), LF L(8), RF step diagonally(&)

S3: Pique Turn, Walk, Pique Turn, Walk, Pivot Turn, Weave, Pivot Turn

1&2& Hich LF(1), R 5/8 turn and LF slightly back(&), hitch RF and R half turn and RF slightly forward(2), LF forward(&)
3&4& Hitch RF(3), L half turn and RF slightly back(&), hitch LF and L half turn and LF slightly forward(4), RF rock forward(&)
5&6& Full weight on RF(5), weight on LF(&), R half turn and RF forward(6), R half turn and LF forward(&)
7&8 RF forward(7), pivot 5/8 turn L and LF forward(8)

S4: Half Diamond, Rock Tap Recover, Sailor Turn, Rock Recover, Cross

12& RF forward(1) and LF sweep forward, LF cross over RF(2), L half turn and RF backward(&)
34& LF backward(3) and RF sweep backward, RF cross behind LF(4), L half turn and LF forward(&)
5&6 RF forward(5), LF tap behind RF(&), LF back(6) and RF sweep backward
7&8& R turn and RF cross behind LF(7), LF rock L(&), recover on RF(8), LF cross over RF(&)

Tap(4ct): Sway R(1), sway L(2), sway R(3), sway L(4)

Tap is added after the end of the second and sixth wall. In addition, before starting the final wall, which is the ending instrumental, sway right and left.

Restart: after S2 of the fourth wall.

Enjoy the dance.