

Dang Ni Lao Le

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Yumiko Miko (INA) & Mei Mei (INA) - December 2018
音樂: Dang Ni Lao Le



Start dance after 16 counts

PART A (32 counts)

AI. Nightclub 2x, Forward, Fast Walk, Pivot, Forward

1-2& Step R to side - Step L behind R - Cross R over L
3-4& Step L to side - Step R behind L - Cross L over R
5-6& Step R forward sweeping L to diagonal front R - Step L forward - Step R forward (01.30)
7-8& Step L forward - Turn ½ right moving weight on R - Step LF forward (07.30)

All. Forward, Sweep, Cross, Side, Turn 1/8, Step Back, Behind, Turn 1/8, Cross Rock Recover, Side Rock Recover, Touch, Turn ½

1-2& Step R forward sweeping L to front RF - Cross L over R - Step R to side
3-4& Turn 1/8 left stepping L back and sweep R to back - Step R behind - Turn 1/8 left stepping L to side
5&6& Cross rock R over L - Recover on L - Rock R to side - Recover on L
7-8 Touch R behind L - Turn ½ right moving weight on R (03.00)

All. Nightclub 2x, Forward, Fast Walk, Pivot, Turn, Forward

1-2& Step R to side - Step L behind - Cross R over L
3-4& Step L to side - Step R behind L - Cross L over R
5-6& Step R forward sweeping L to front diagonal - Step L forward - Step R forward (04.30)
7-8& Step L forward - Turn ½ right moving weight on R - Step L forward (10.30)

AIV. Forward, Cross, Side, 1/8 L Back, Behind, 1/8 L Step, Cross Rock, Side Rock, Cross Behind, ½ Turn R

1-2& Step R forward sweeping L to front - Cross L over R - Step R to side (12.00)
3-4& Turn 1/8 left stepping L back and sweep R to back - Step R behind - Turn 1/8 left stepping L to side

*Restart, Count (4&) step change

5&6& Cross rock R over LF - Recover on L - Rock R to side - Recover on L
7-8 Touch R behind L - Turn ½ right moving weight on R (06.00)

PART B (32 counts)

BI. Weave, Turn, Back, Spiral, Fast Walk Forward, Rock Recover, Close

1&2& Cross L over R - Step R to side - Cross L behind R - Step R to side
3&4& Cross L behind R - Step R to side - Rock L back - Recover on R
5-6& Turn ¼ right Stepping L Back - Turn spiral ½ right stepping R forward - Step L forward
7-8& Rock R forward - Recover on L - Close R next to L

BII. Forward, Cross, Side, Rock Behind Recover, Side, Cross Behind Recover, Side, Weave, Turn, Forward

1-2& Step L forward sweeping R to front - Cross R over L - Step L to side
3-4& Cross rock R behind L - Recover on L - Step R to side
5-6& Cross L behind R - Recover on R - Step L to side
7&8& Cross R behind L - Step L to side - Cross R over L - Turn ¼ left stepping L forward

*Restart, counts (8&) step change

BIII. Turn, Back Sweep, Behind, Side, Cross Rock Recover, Side, Cross Rock Recover, Walking sweep

1-2& Turn ½ left stepping R back and sweeping L to back - Cross L behind R - Step R to side
3-4& Cross rock L over R - Recover on R - Step L to side

5-6& Cross rock R over L - Recover on L - Step R to side
7-8 Step L forward sweeping R to front - Step R forward

BIV. Rock Recover, Turn, Side, Cross, Nightclub, Long Step, Cross Behind, $\frac{3}{4}$ Turn, (Sway 2x)

1&2& Step L forward - Recover on R - Turn $\frac{1}{4}$ left stepping L to side - Cross R over L
3-4& Step L to side - Ball R behind L - Step L in place
5-6 Long step R big step drag L to R - Cross L behind R turning $\frac{3}{4}$ left moving weight on L
7-8 Step R to side with sway R hip - Sway L hip

Restart

On Part A (see sequence) dance up to count 26 and change step (4&) (06.00)

4& Step R behind L - Point L to left side

On Part B (see sequence) dance up to count 16 and change step (8&) (12.00)

8& Cross R over L – Turn $\frac{1}{4}$ left and point L to left side

Ending Styling

On last step of part A open and rise your hands from below to the top and place on your middle chest.

Enjoy the dance

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