

Souba

拍數: 32 牆數: 4 級數: High Beginner
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音樂: Souba (feat. Lass) - Synapson



No TAG No RESTART

Introduction : 32 counts

[1-8] SIDE STEP, TOGETHER, SIDE SHUFFLE, CROSS ROCK, TOUCH, TAP, SIDE STEP

1.2 step RF to right side, step LF next to RF
3&4 make a shuffle R-L-R to right side
5.6 rock LF forward, recover on RF to the back
&7.8 touch LF to left side, touch LF next to RF, step LF to left side

[9-16] WEAVE, SIDE TOUCH, CROSS SHUFFLE EXTENDED

1.2.3 cross RF over LF, step LF to left side, cross RF behind LF
4 touch LF to left side
5&6 cross LF over RF, step RF to right side, cross LF over RF
& step RF to right side
7&8 cross LF over RF, step RF to right side, cross LF over RF (Face to 1'30)

[17-24] V-STEP 1/4 TURN R, SIDE STEP, HOLD, BALL, SIDE STEP, TAP

1.2 step RF on right diagonal * , step LF on left diagonal *
3.4 1/8 turn R stepping RF to right side * , step LF next to RF * (face to 3'00)
5.6 step RF to right side, HOLD on count 6
&7.8 step on LF ball next to RF, step RF to right side, touch LF next to RF

* Option : On counts 1 à 4, throw both arms from center to front then to back :

1.2 Left arm forward and Right arm backward, Right arm forward and Left arm backward
3.4 Left arm forward and Right arm backward, Right arm forward and Left arm backward

[25-32] 1/4T FWD TOE STRUT, 1/4T SIDE TOE STRUT, ROCK BACK, SIDE STEP, TOUCH BACK

1.2 1/4 turn L touching left toe forward, drop left heel on place
3.4 1/4 turn L touching left toe forward, drop left heel on place
5.6 rock LF backward, recover on RF forward
7.8 ** step LF to left side, touch right point back to left diagonal □ **

** Option : as you step LF to left side, raise right arm up to the top, make a 1/2 circle then finish your move just like you are playing bowling, so end with a SNAP on count 2