

It's About Time

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Easy Beginner
編舞者: Pat Newell (USA) - December 2018
音樂: Texas Time - Keith Urban



Senior Dancing Series

For holidays try dancing to Jingle Bell Rock by Brenda Lee

Learning Struts, ¼ pivots, jazz box, vines and step touches

TOE STRUTS MOVING SLIGHTLY FORWARD

1-4 Touch R toe, step down R heel, Touch L toe, step down on L heel
5-8 Touch R toe, step down R heel, Touch L toe, step down on L heel

2x¼ LEFT PIVOTS, JAZZ BOX WITH STEP ACROSS

1-4 Step R fwd, turn ¼ L (wt on L), step R fwd turn ¼ L (wt on L) 6:00 wall
5-8 Cross R over L, step back on L,, step to side on R,, step L across R (wt on L)

RIGHT VINE WITH STEP TOUCHES, RIGHT AND LEFT

1-4 Step R to R, step L behind R, step R to R, touch L
5-8 Step L to side, touch R beside L, step R to side, touch L beside R

LEFT VINE WITH STEP TOUCHES, LEFT AND RIGHT

1-4 Step L to L, step R behind L, step L to L, touch R
5-8 Step R to side, touch L beside R, step L to side, touch R beside L

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DANCE FOR THE HEALTH OF IT
