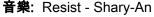


拍數:	64	牆數: 4	級數 :	Intermediate
編舞者:	Marja L	Jrgert (NL) & Jan Van T	iggelen (NL) -	December 2018
立 纳.	Desist	Charry An		



Intro: 40 Counts				
Sec 1: Step fwd, Touch, & Step Back, Heel, & Touch, Back Rock, Recover, Shuffle fwd				
1-2	RF. Step fwd - LF. Touch toe beside RF			
&3&4	LF. Step back - RF. Dig heel fwd - RF. Step beside LF. LF. Touch toe beside RF			
5-6	LF. Back rock - RF. Recover			
7&8	LF. Step fwd - RF. Step together - LF. Step fwd			
Sec 2: 1/4 Tu Recover, Kick	rn L, Touch, & Step L Diagonal Back, Touch, & Step R Diagonal Back, Touch, Back Rock, k-Ball-Cross			
1-2	RF. 1/4 Turn L step side - LF. Touch toe beside RF (9:00)			
&3&4	LF. Step diagonal L back - RF. Touch toe beside LF - RF. Step diagonal R back - LF. Touch toe beside RF			
5-6	LF. Back rock - RF. Recover			
7&8	LF. Kick diagonal L fwd - LF. Step beside RF - RF. Cross over LF			
Sec 3: Side Rock, Recover, Behind-Side-Cross, 1/2 Turn R into Cross Shuffle, Step Side, Touch				
1-2	LF. Side rock - RF. Recover			
3&4	LF. Cross behind RF - RF. Step side - LF. Cross over RF			
5&6	RF. 1/2 Turn R cross over LF - LF. Step side - RF. Cross over LF (3:00)			
7-8	LF. Step side - RF. Touch toe beside LF			
Sec 4: Behind	l, Side, Cross Shuffle, 1/4 Turn R, Step Together, Step-Lock-Step			
1-2	RF. Cross behind LF - LF. Step side			
3&4	RF. Cross over LF - LF. Step side - RF. Cross over LF			
5-6	LF. 1/4 Turn R step back - RF. Step together (6:00)			
7&8	LF. Step fwd - RF. Lock behind LF - LF. Step fwd			
Sec 5: Volta S	Steps with 1/2 Turn R, Volta Steps with 3/4 Turn L			
1&2&	RF. 1/8 Turn R step fwd (7:30) - LF. Lock behind RF - RF. 1/8 Turn R step fwd (9:00) - LF. Lock behind RF			
3&4	RF. 1/8 Turn R step fwd (10:30) - LF. Lock behind RF - RF. 1/8 Turn R step fwd (12:00)			
5&6&	LF. 1/4 Turn L step fwd (9:00) - RF. Lock behind LF - LF. 1/8 Turn L step fwd (7:30) - RF. Lock behind LF			
7&8	LF. 1/8 Turn L step fwd (6:00) - RF. Lock behind LF - LF. 1/4 Turn L step fwd (3:00)			
Sec 6: Cross	Rock, Recover, Chasse, Cross Rock, Recover, Chasse with 1/4 Turn L			
1-2	RF. Cross rock over LF - LF. Recover			
3&4	RF. Step side - LF. Step together - RF. Step side			
5-6	LF. Cross rock over RF - RF. Recover			
7&8	LF. Step side - RF. Step together - LF. 1/4 Turn L step fwd (12:00)			
	R fwd, Skate L fwd, Kick-Ball-Step, Rock fwd, Recover, Shuffle 1/2 Turn R			
1-2	RF. Skate fwd - LF. Skate fwd			
3&4	RF. Kick fwd - RF. Step together - LF. Step fwd			
5-6	RF. Rock fwd - LF. Recover			
7&8	Shuffle 1/2 turn R stepping R,L,R (6:00)			

Sec 8: Step fwd, 1/4 Turn R, Cross, Point, R Sailor Step, L Sailor Step

1-2-3-4 LF. Step fwd - 1/4 Turn R - LF. Cross over RF - RF. Point toe to R side (9:00)

5&6 RF. Cross behind LF - LF. Step side - RF. Step side

7&8 LF. Cross behind RF - RF. Step side - LF. Step fwd

Start Again

Contact: marja42@kpnmail.nl / co4ol72@kpnmail.nl