

Yo Nací Para Amarte

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver Rumba
編舞者: Rarayanti Marwan (INA) & mBah Wir (INA) - December 2018
音樂: Yo Nací Para Amarte - Alejandro Fernández



Intro +/- 21 seconds

SECT. 1: CROSS, [SIDE & SWAY]2x, HOLD, CROSS, SIDE, 1/4 R TURN, HOLD

1-4 Cross L over R, Step R side on R & sway R hip, Recover on L side & sway L hip, Hold
5-8 Cross R over L, Step L side on L, 1/4 R Turn step R fwd, Hold (03.00)

SECT. 2: LR WALK, 3/4 L SPIRAL, HOLD, FWD, SIDE, REC., BACK

1-4 Step L fwd, Step R fwd, 3/4 L Spiral Turn, Hold (06.00)
5-8 Step L fwd, Step R side on R, Recover on L, Cross R behind L

*restart here during wall 6

SECT. 3: SIDE, BACK ROCK, RECOVER, HOLD, FORWARD, TURN ¼ RIGHT, TURN ½ LEFT, HOLD

1-4 Step L to side, Rock R back, Recover on L, Hold
5-8 Step R forward, Make ¼ turn R step L forward, Make ½ turn L step R back, Hold

SECT. 4: BACK, HOLD, BACK ROCK, RECOVER, TURN ¼ RIGHT, SWAY, SWAY, HOLD

1-4 Step L back, Hold, Rock R back, Recover on L
5-8 Make ¼ turn R step R forward, Step L to side&sway L, Sway R, Hold

Enjoy the dance

Restart during wall 6 after 16 counts then restart dance facing 6.00

For more information about this dance please contact :-
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